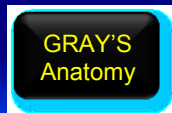


# Introduction to anatomy



It is not possible to postpone the mid-semester test or to take it earlier.

Only Students who have not exceeded the allowed number of absences and have received at least 50% from all mid-semester tests are allowed to take the final anatomy exam (both practical exam and the test).

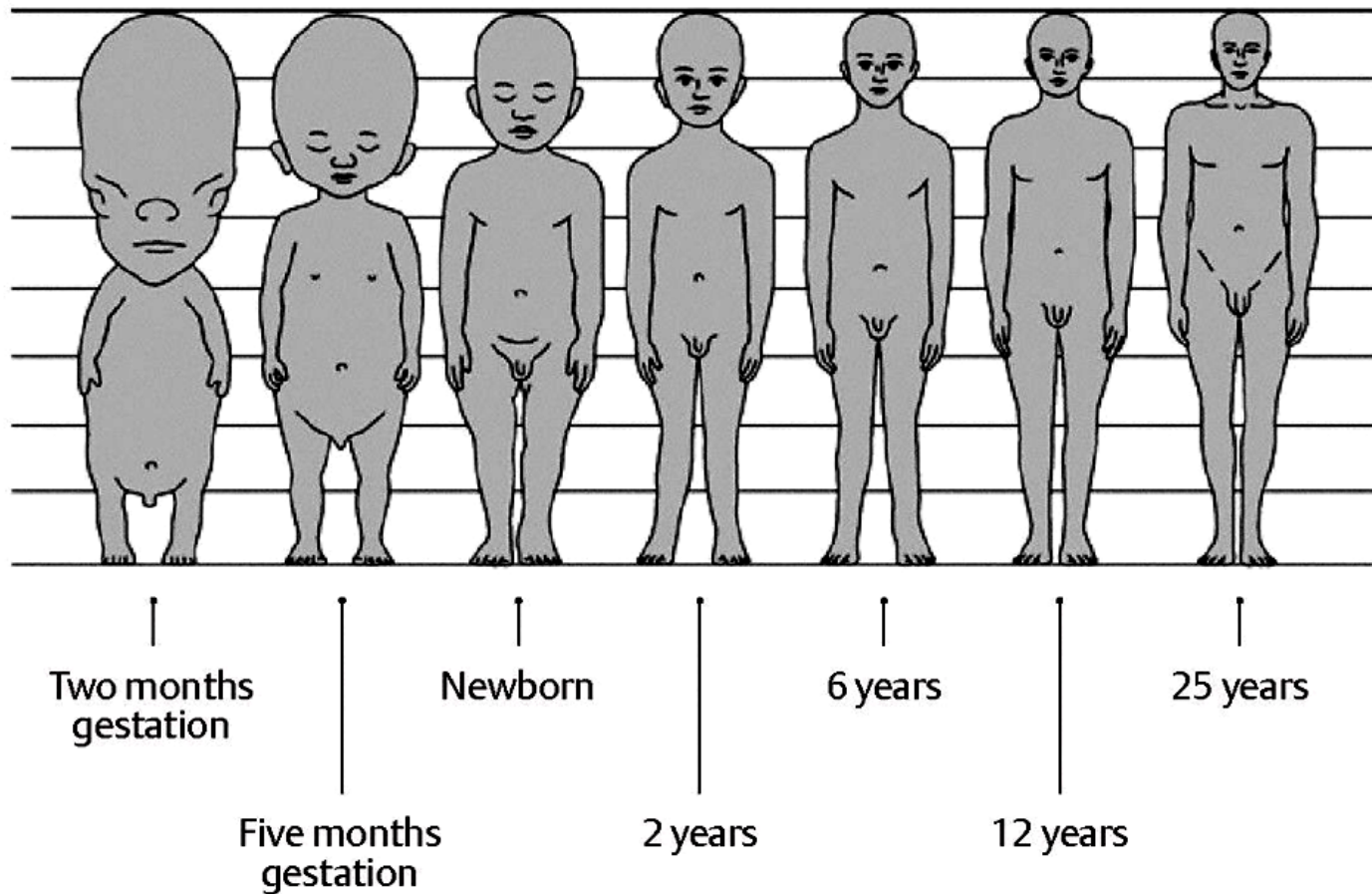
Grading system, both for the mid-semester tests, practical exams and the final exam is as follows:

- ✓ excellent = approximately 90% of all possible points
- ✓ very good = 80%
- ✓ good = 70%
- ✓ satisfactory = 60%
- ✓ sufficient = 50%

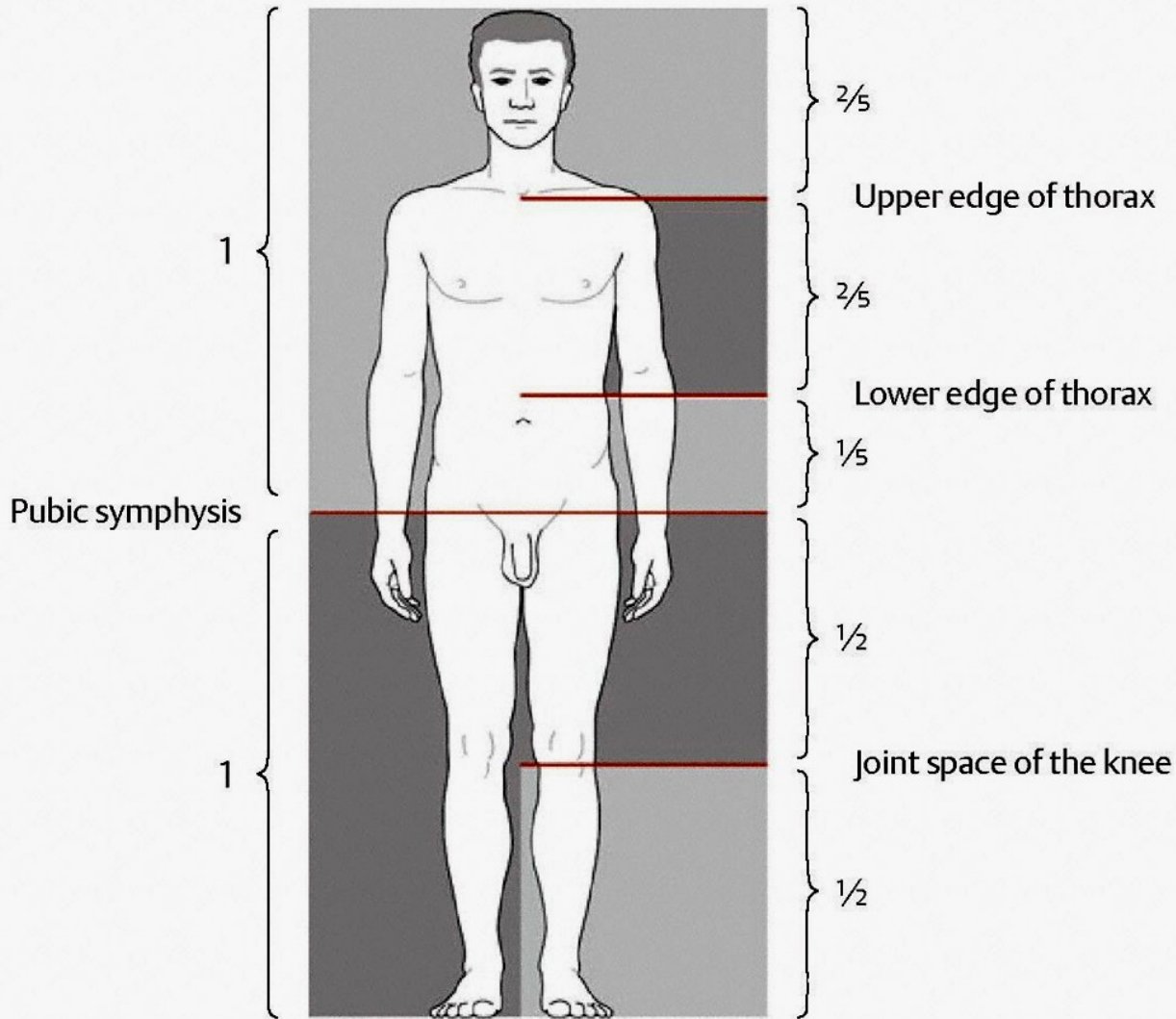
A Student can be exempted from the final exam if the results of all mid-semester tests (including both practical and theoretical tests) exceed 90%.

A Student is exempted from the final practical exam if results of all practical mid-semester tests exceed 80%.

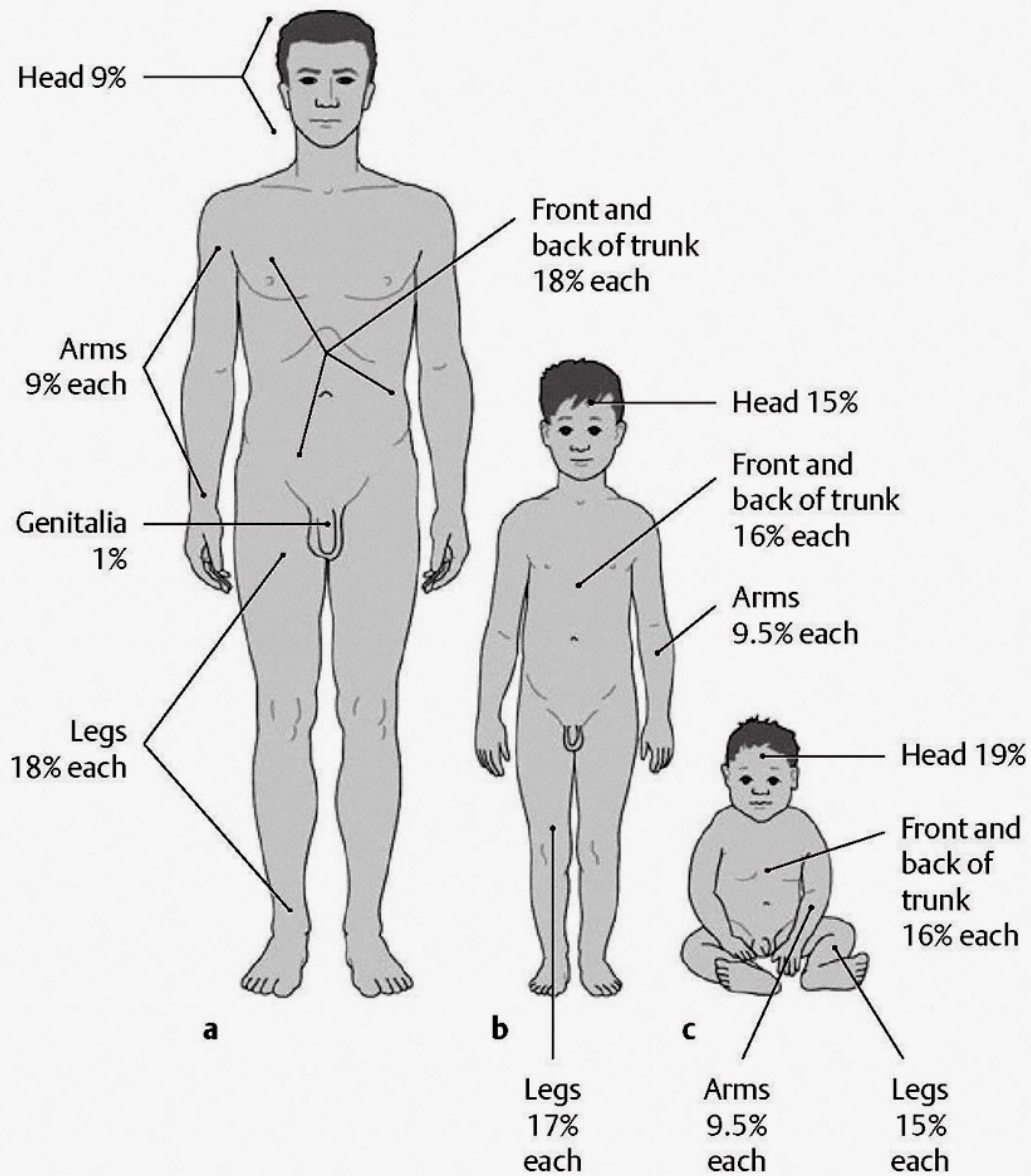
# **BASIC ANATOMICAL TERMS**



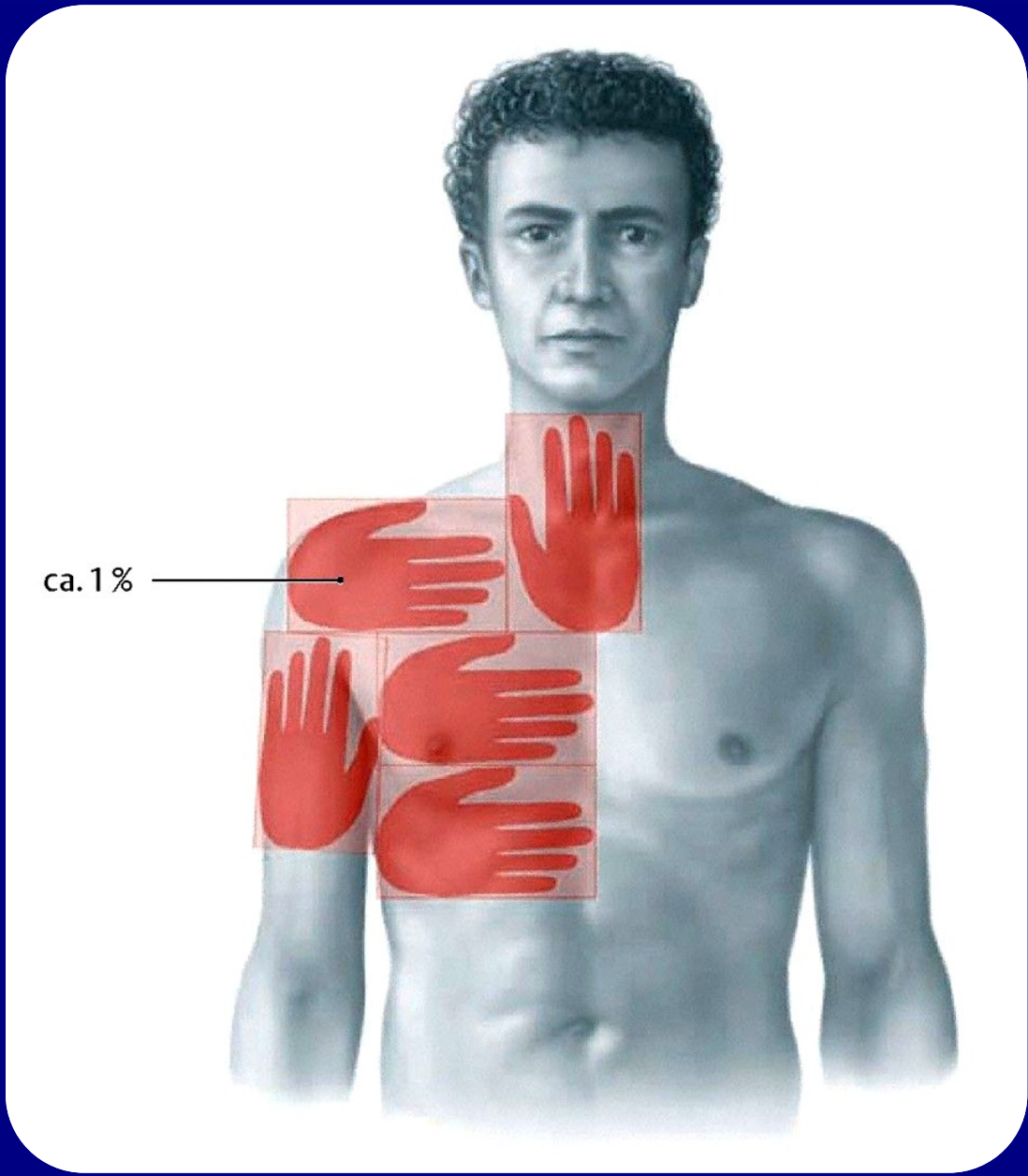
Change in body proportions during growth



**Normal  
body proportions**



Distribution of body surface area in adults, children, and infants

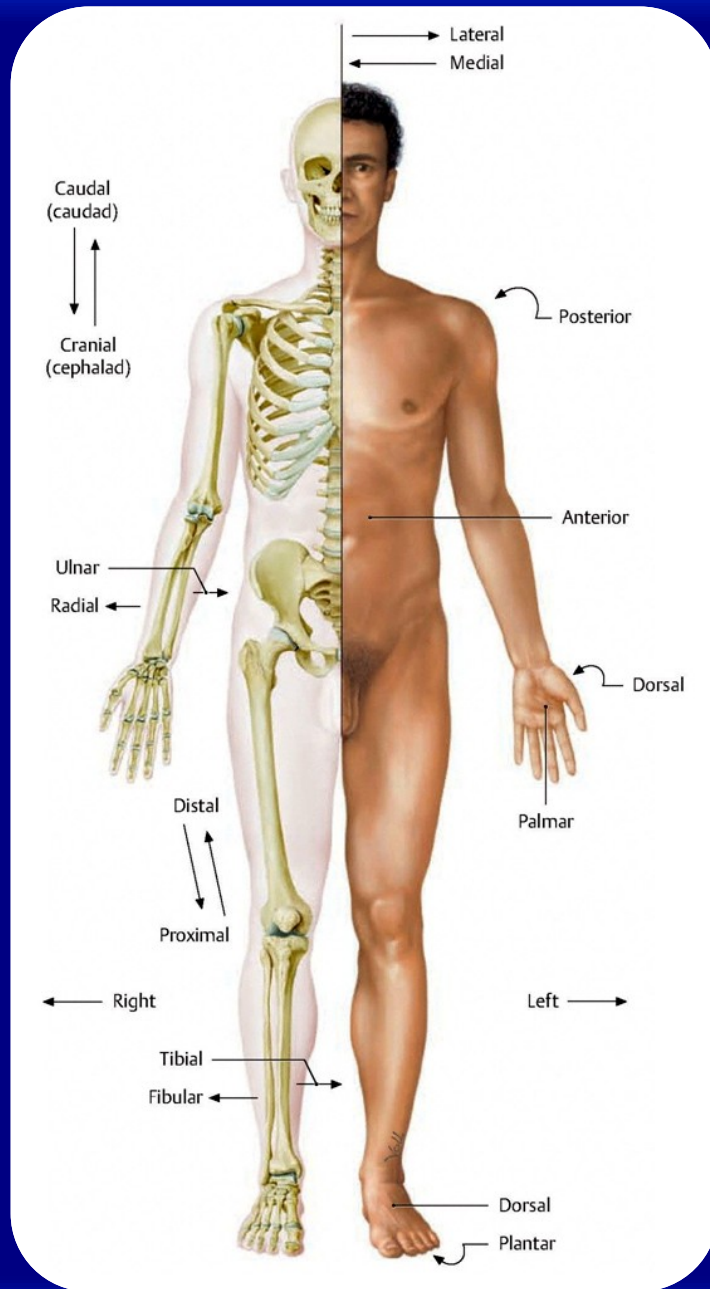


ca. 1%

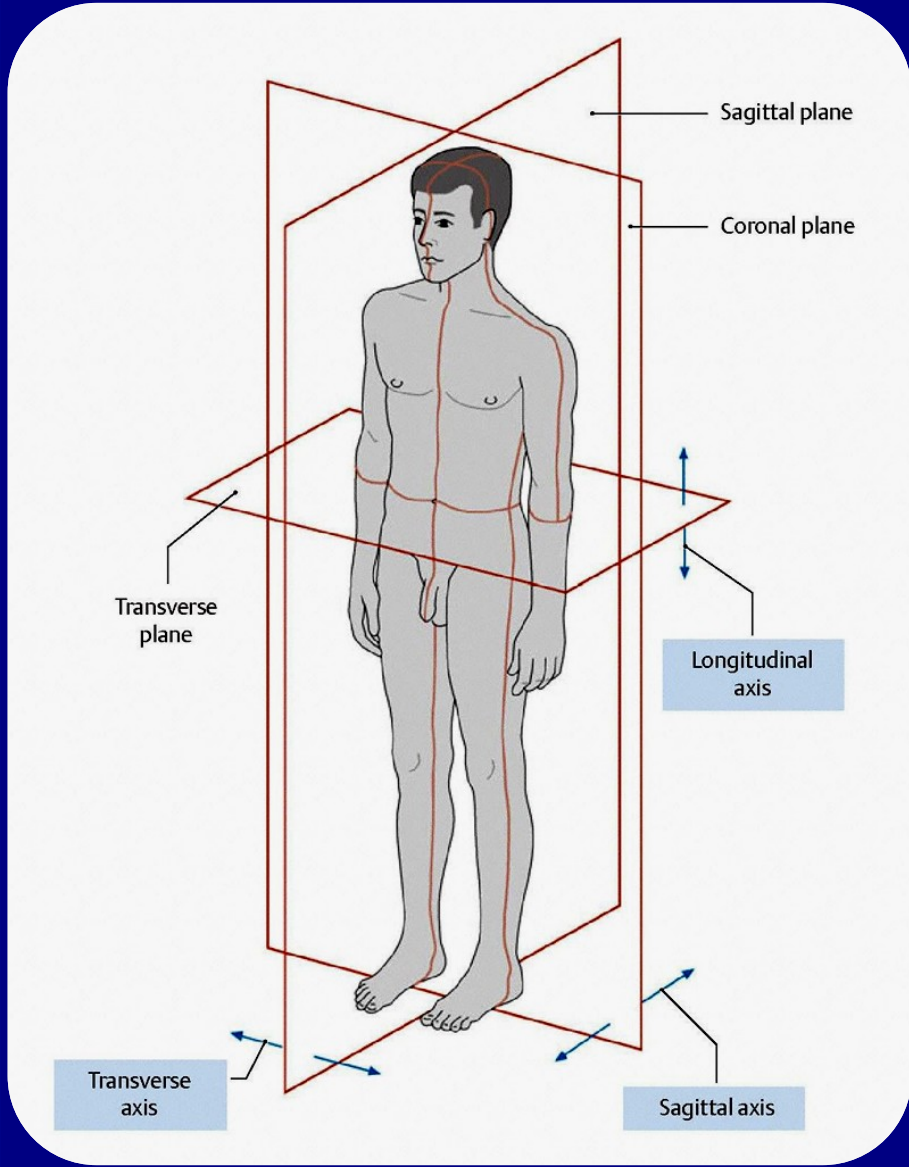
Hand area rule

$$\text{BMI} = \text{kg/m}^2$$

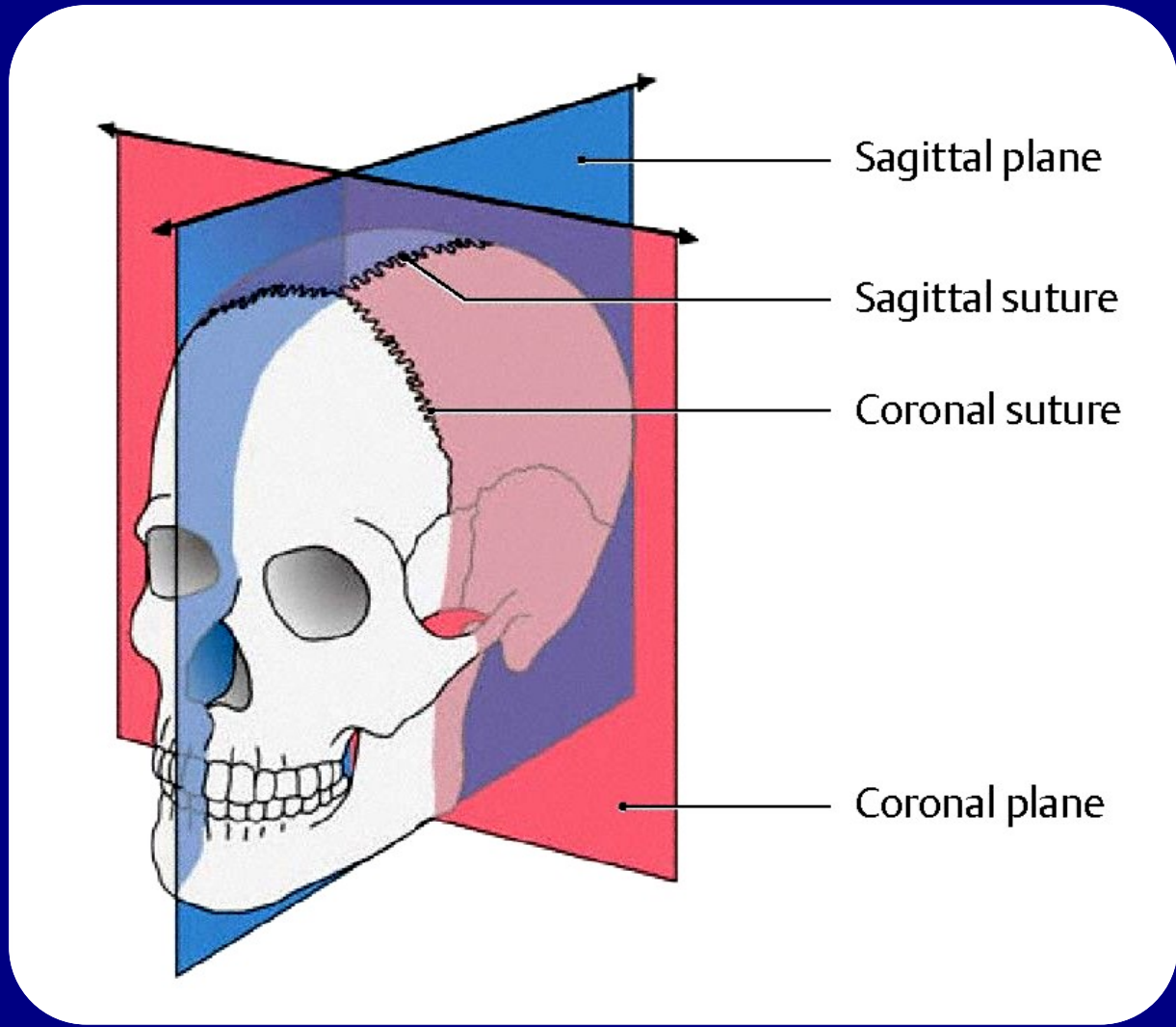




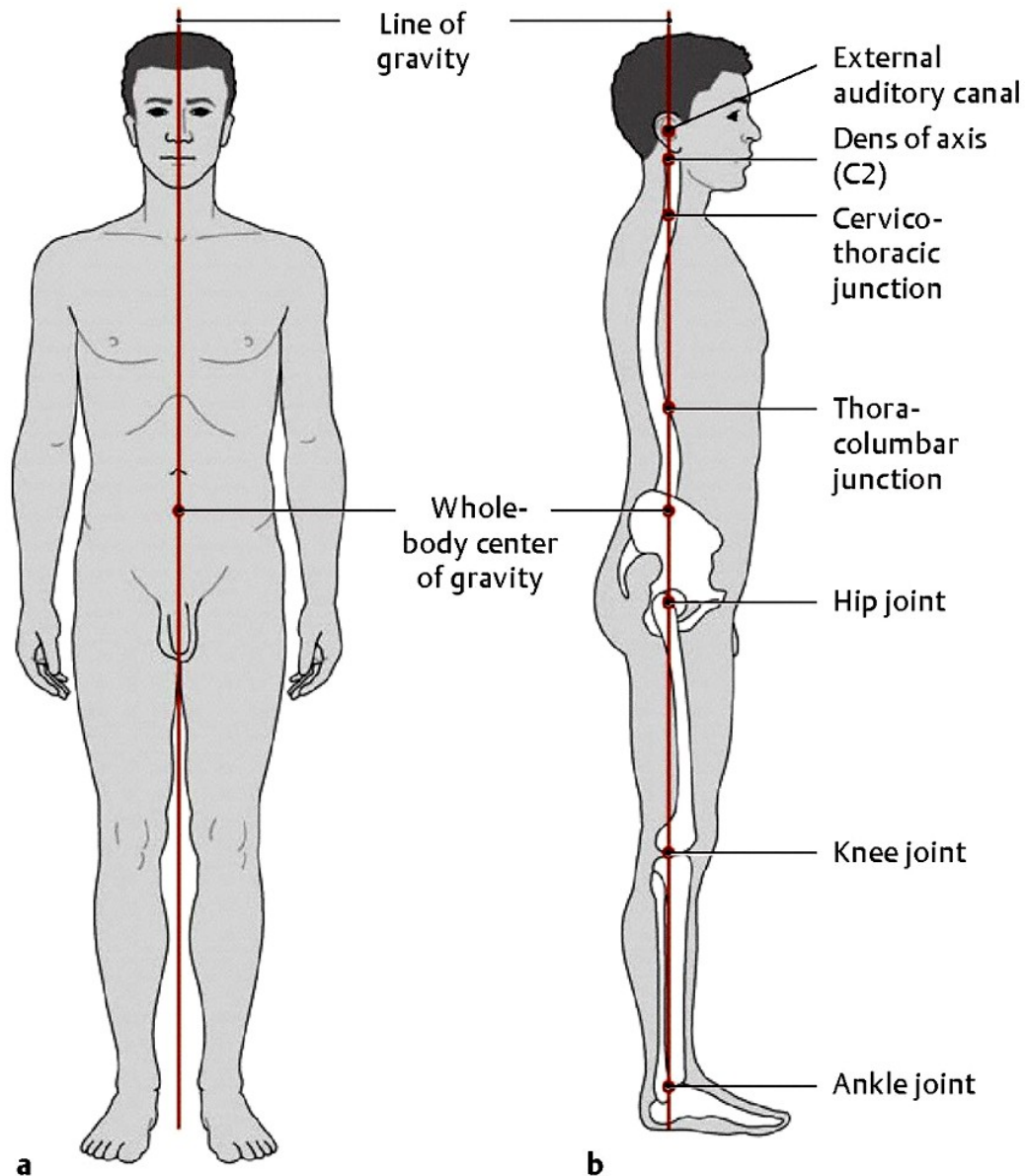
The anatomical body position



Cardinal planes and axes in the human body (neutral position, left anterolateral view)



Coronal and sagittal planes in the skull



The whole-body center of gravity and the line of gravity

## General terms of location and direction

### Upper body (head, neck, and trunk)

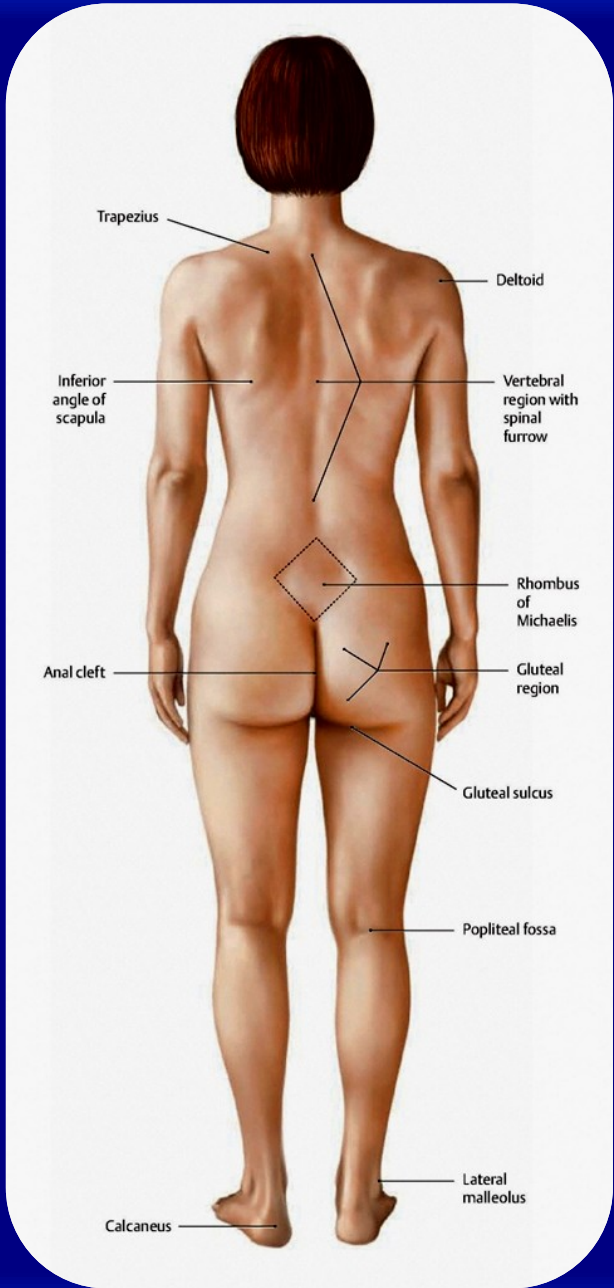
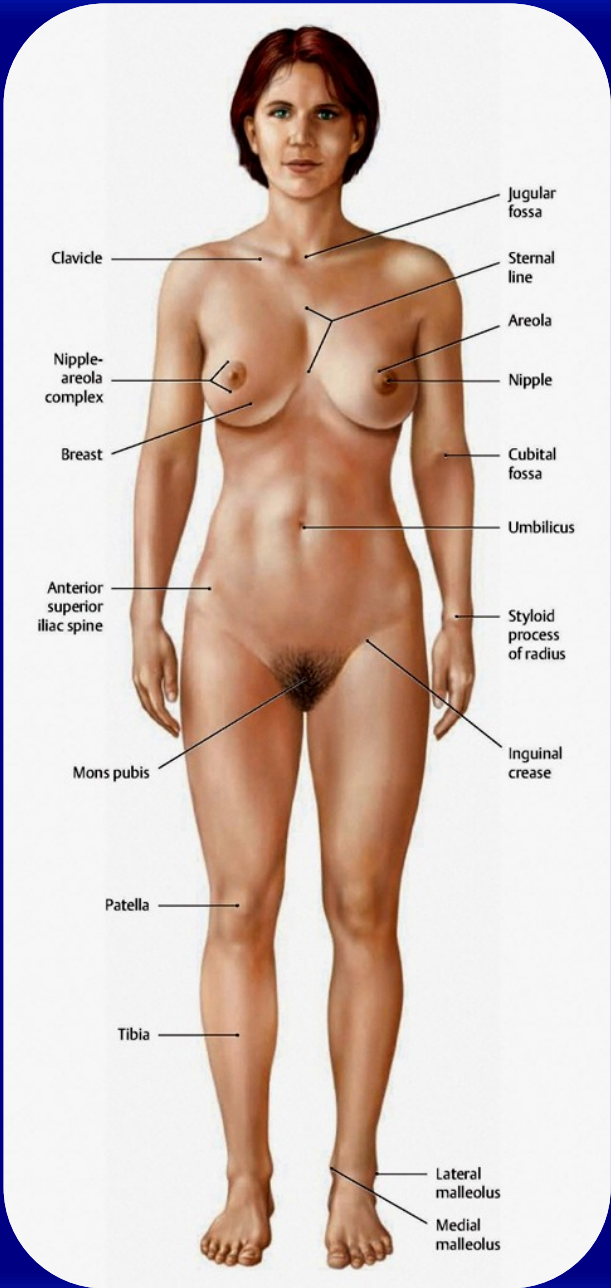
Cranial	Pertaining to, or located toward the head)		
Cephalad	Directed toward the head		
Caudal	Pertaining to, or located toward the tail	Peripheral	Situated away from the center
Caudad	Directed toward the tail	Superficial	Situated near the surface
Anterior	Pertaining to, or located toward, the front Synonym: Ventral (used for all animals)	Deep	Situated deep beneath the surface
Posterior	Pertaining to, or located toward, the back Synonym: Dorsal (used for all animals)	External	Outer or lateral
		Internal	Inner or medial
		Apical	Pertaining to the tip or apex
		Basal	Pertaining to the bottom or base
Superior	Upper or above		
Inferior	Lower or below	Occipital	Pertaining to the back of the head
Medius	Located in the middle	Temporal	Pertaining to the lateral region of the head (the temple)
Flexor	Pertaining to a flexor muscle or surface		
Extensor	Pertaining to an extensor muscle or surface	Sagittal	Situated parallel to the sagittal suture
		Coronal	Situated parallel to the coronal suture (pertaining to the crown of the head)
Axial	Pertaining to the axis of a structure		
Transverse	Situated at right angles to the long axis of a structure		
Longitudinal	Parallel to the long axis of a structure	Rostral	Situated toward the nose or brow
Horizontal	Parallel to the plane of the horizon	Frontal	Pertaining to the forehead
Vertical	Perpendicular to the plane of the horizon	Basilar	Pertaining to the skull base
Medial	Toward the median plane		
Lateral	Away from the medial plane (toward the side)		
Median	Situated in the median plane or midline		
Central	Situated at the center or interior of the body		

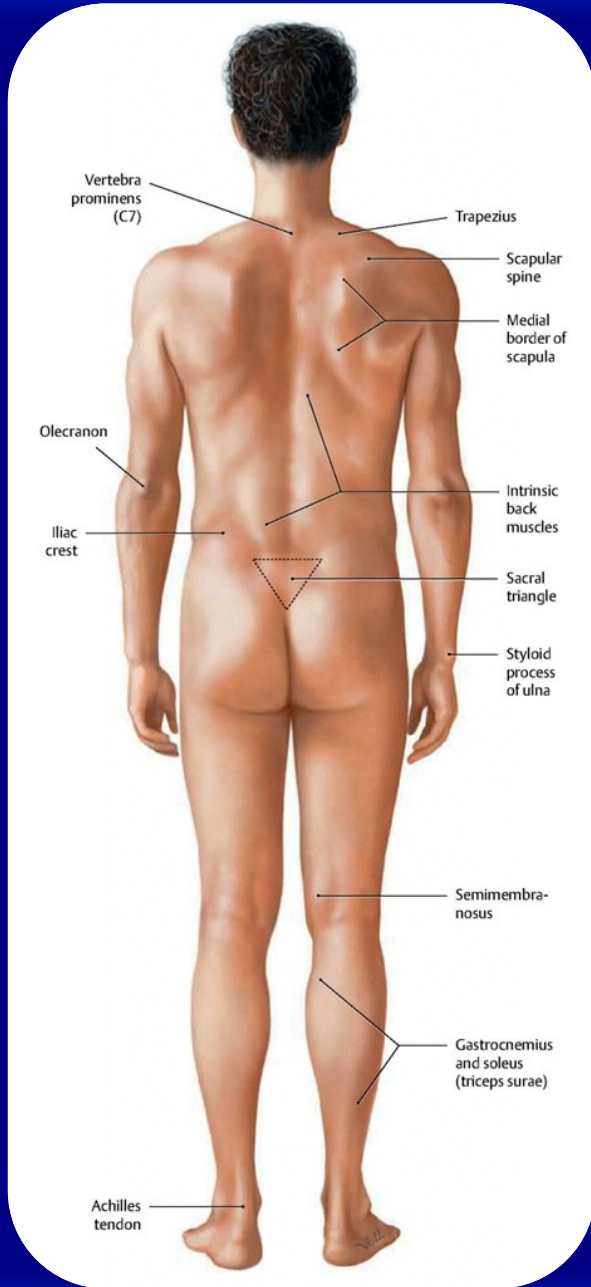
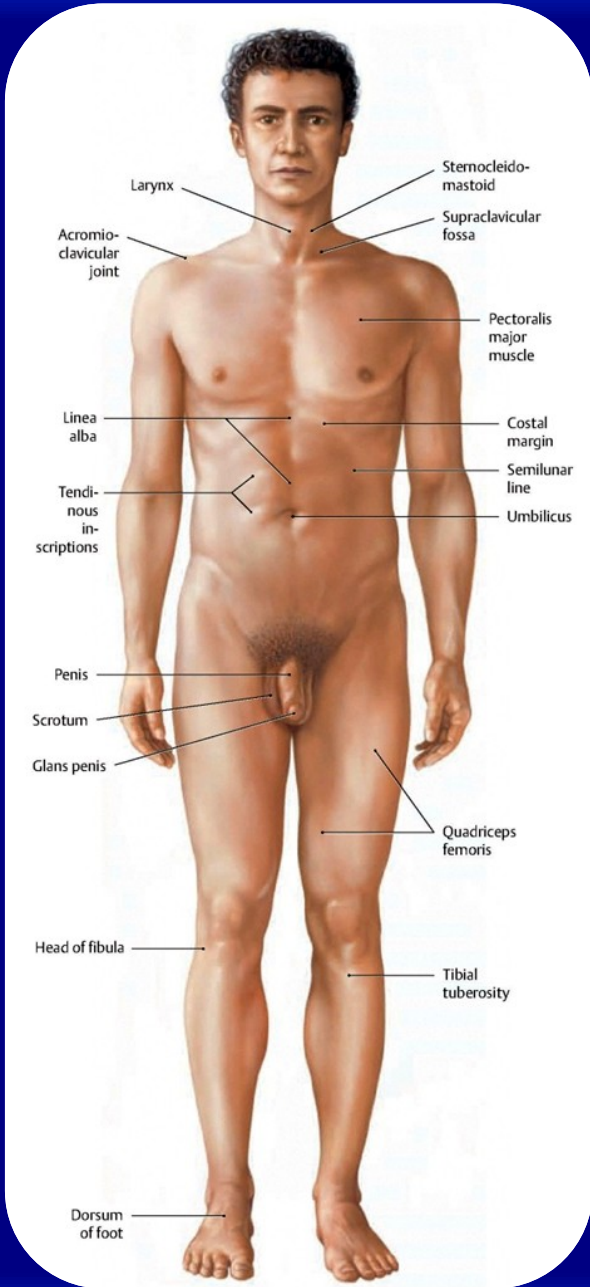
# General terms of location and direction

## Limb

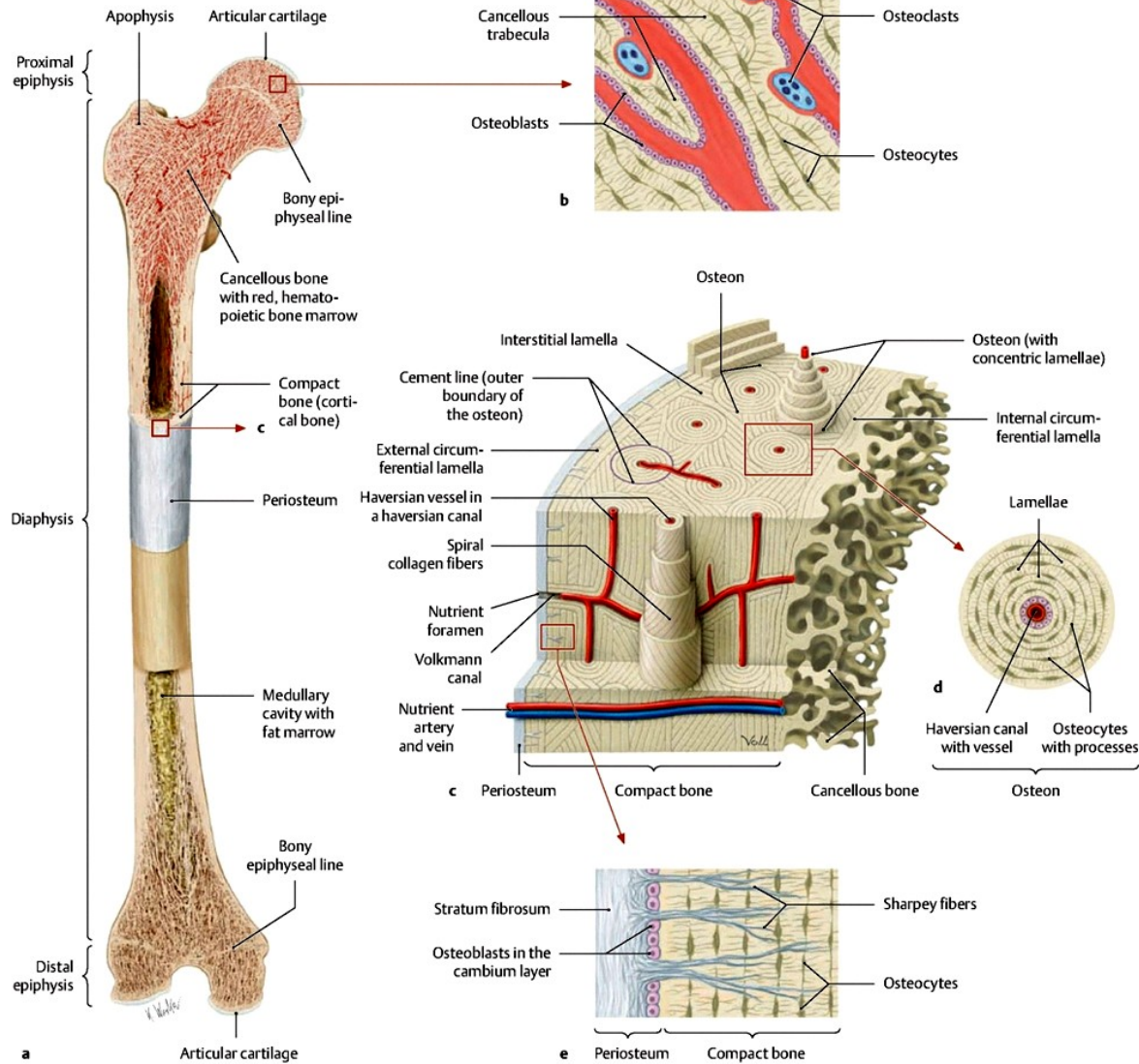
Proximal	Close to or toward the trunk
Distal	Away from the trunk (toward the end of the limb)
Radial	Pertaining to the radius or the lateral side of the forearm
Ulnar	Pertaining to the ulna or the medial side of the forearm
Tibial	Pertaining to the tibia or the medial side of the leg
Fibular	Pertaining to the fibula or the lateral side of the leg
Palmar (volar)	Pertaining to the palm of the hand
Plantar	Pertaining to the sole of the foot
Dorsal	Pertaining to the back of the hand or top of the foot









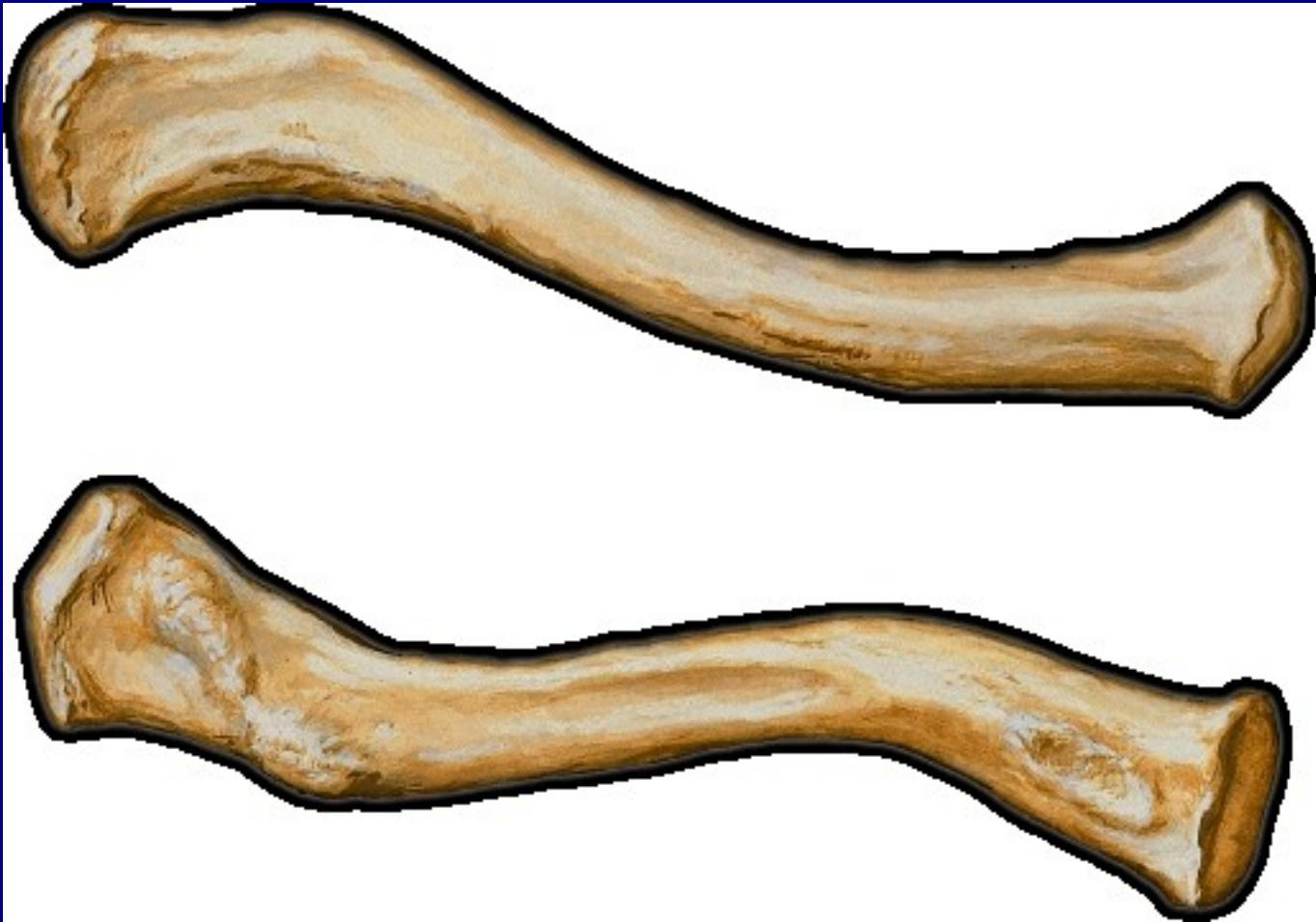


Structure of a typical tubular bone, illustrated for the femur

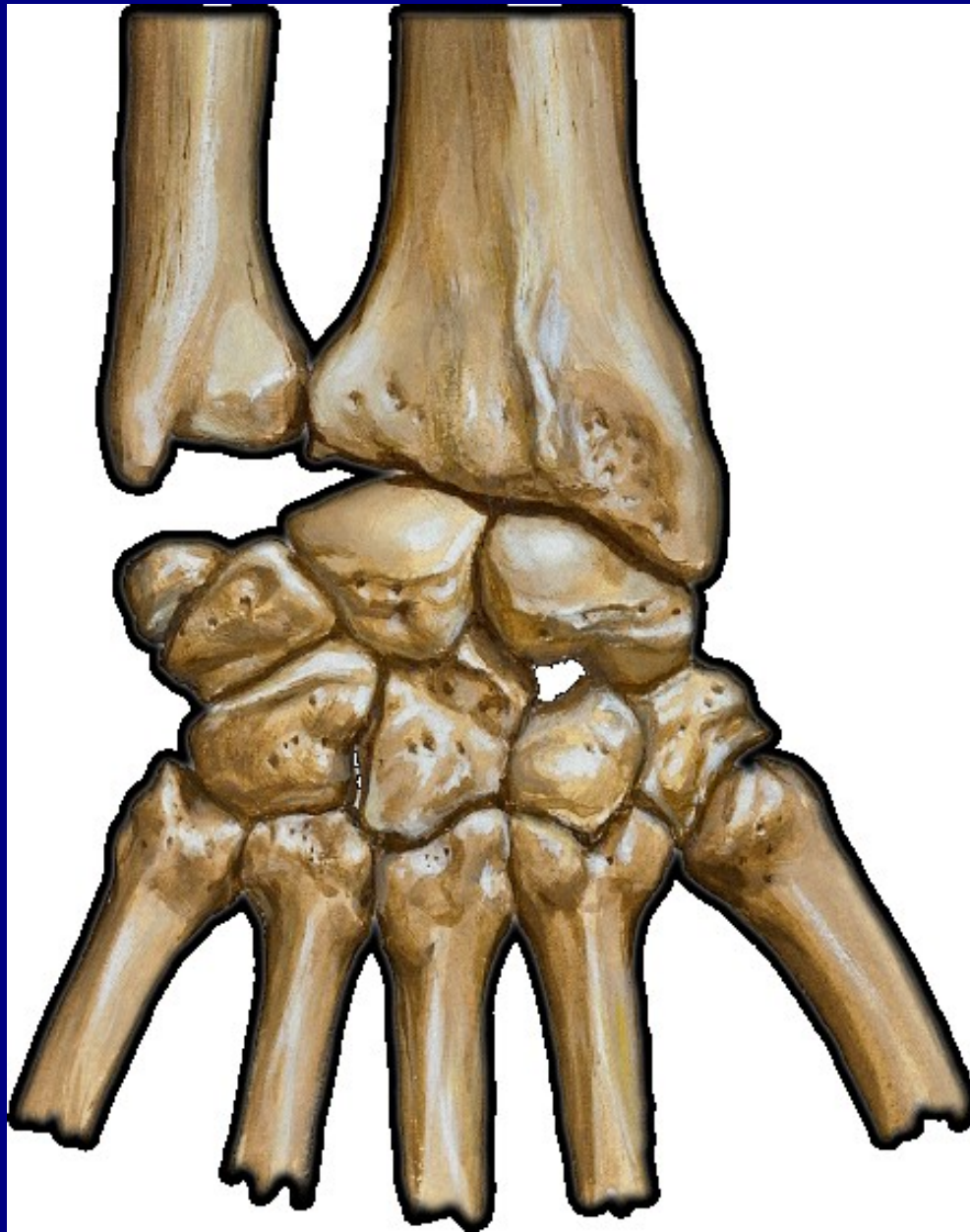




Tibia and fibula of right leg  
Anterior view



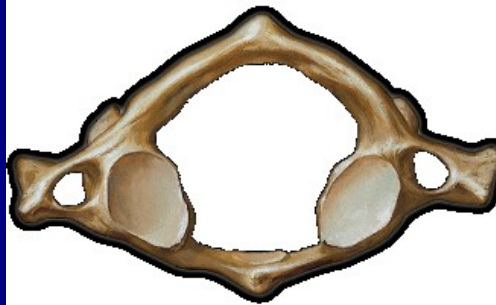
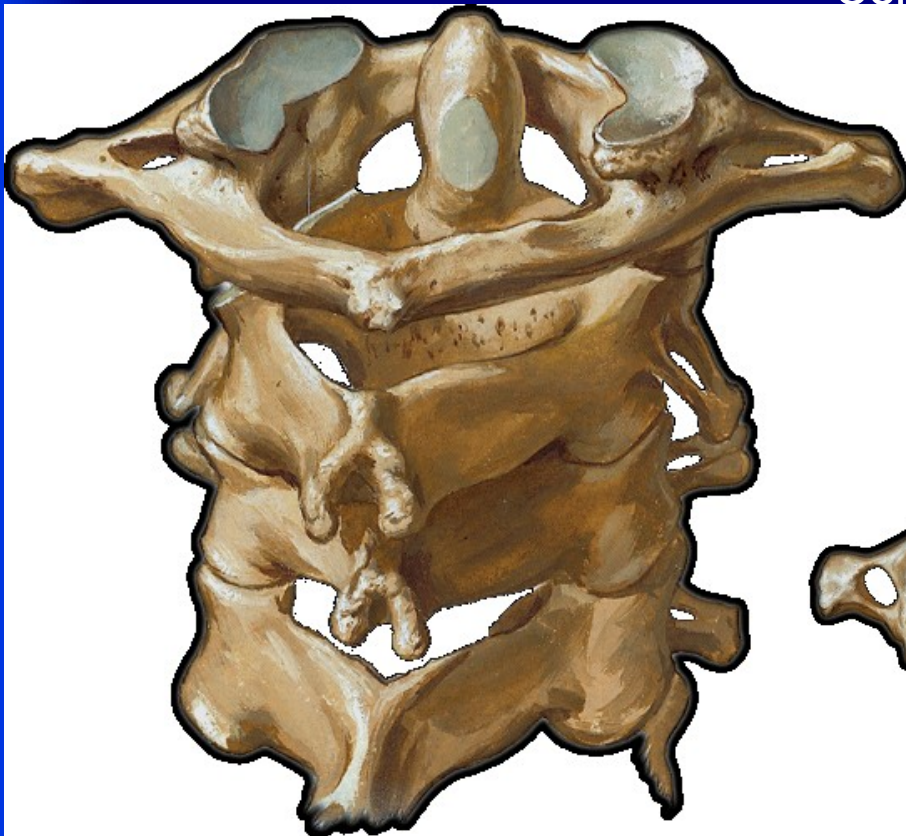


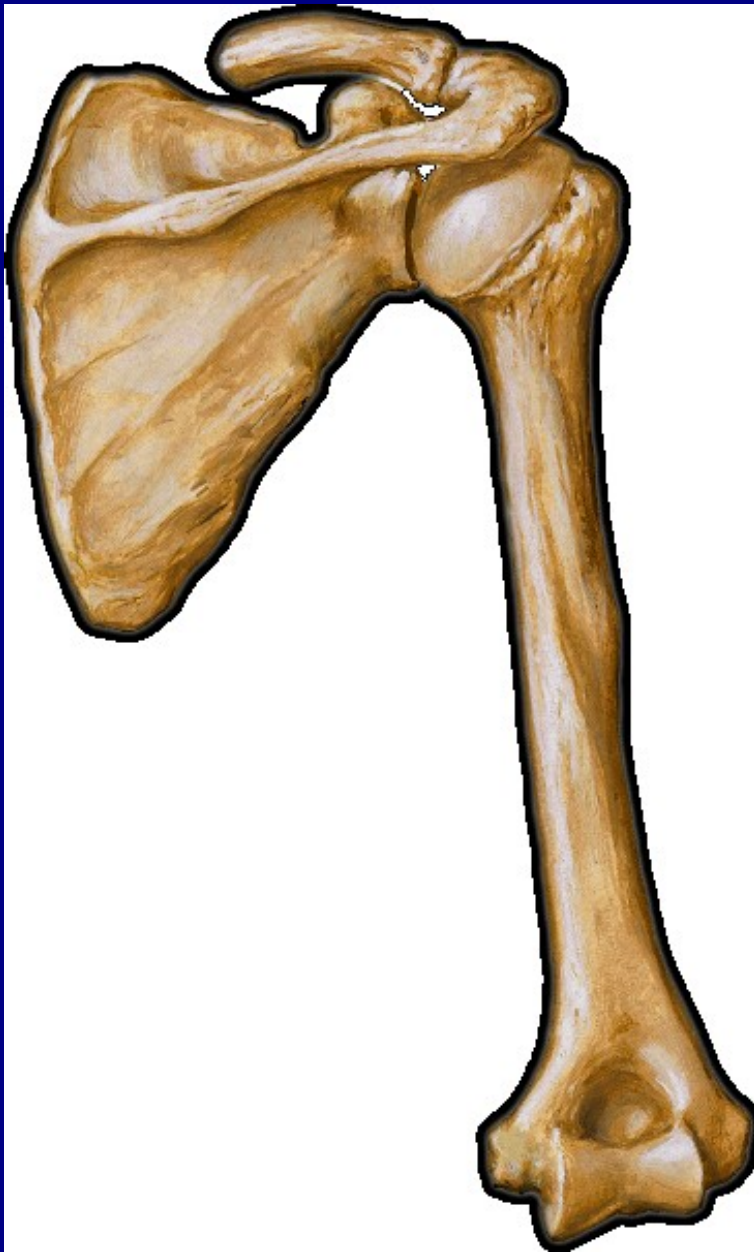


Carpal bones  
Posterior (dorsal) view

Cervical vertebrae (C 1-4) - assembled

Posterosuperior view





Humerus and scapula  
Posterior view: features



Skull  
Anterior view



# Paranasal sinues

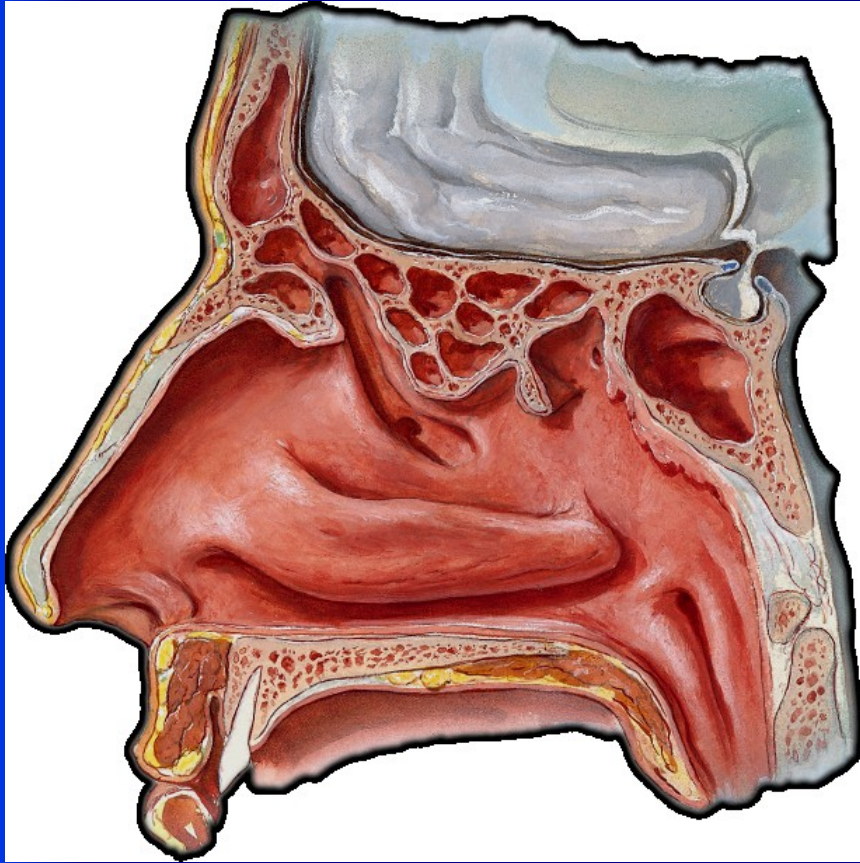


Coronal section

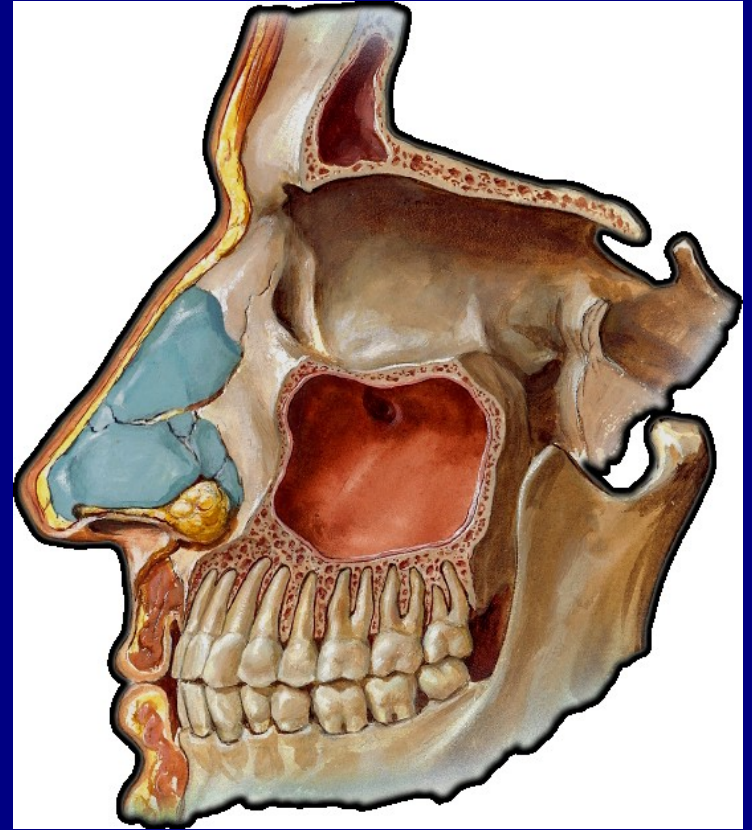


Horizontal section

## Paranasal sinuses



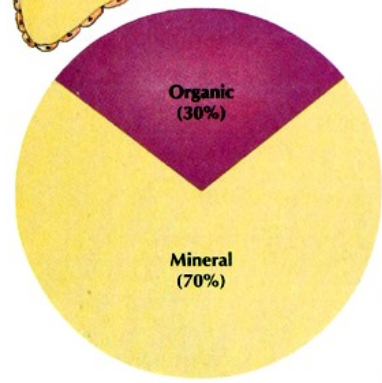
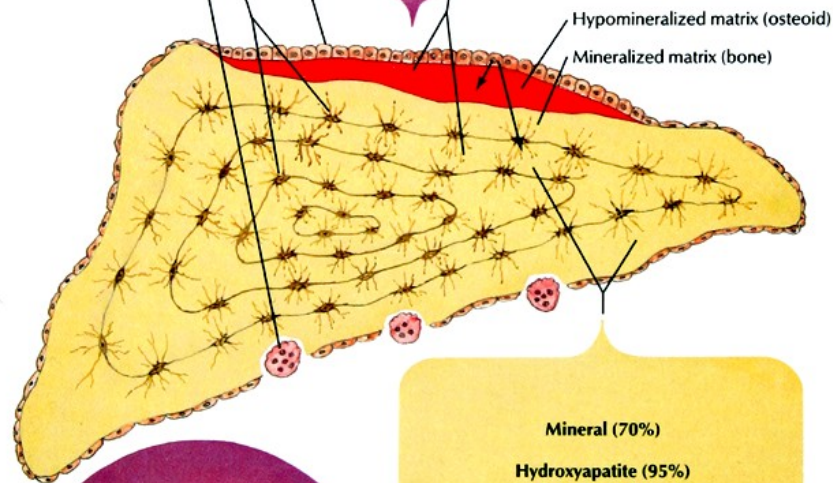
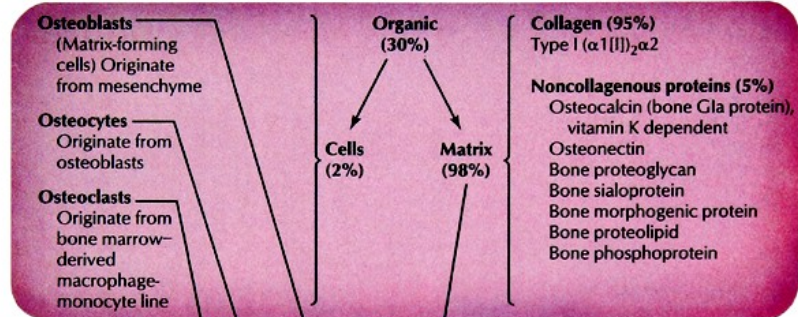
Sagittal section



Lateral dissection



## Composition of bone



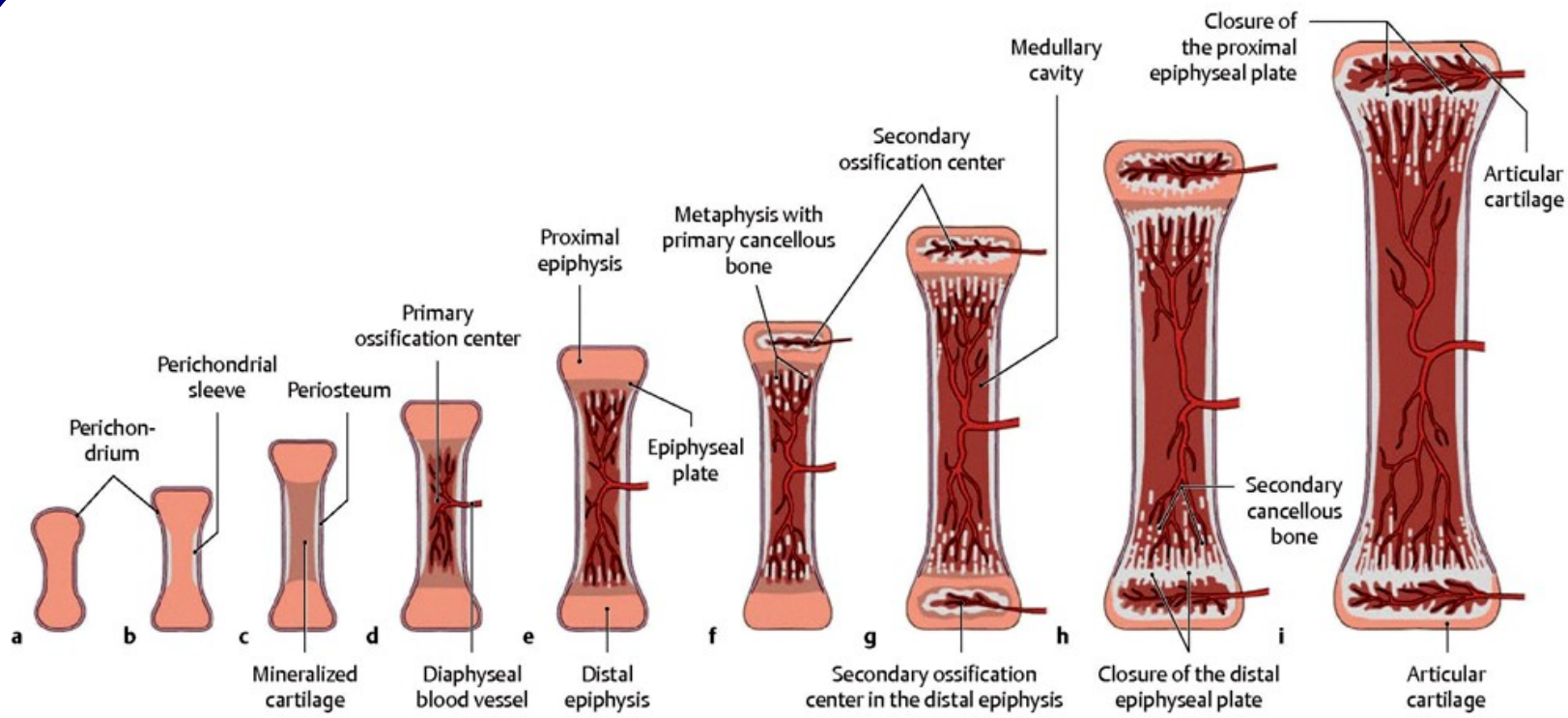
**Mineral (70%)**

**Hydroxyapatite (95%)**  
 $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$

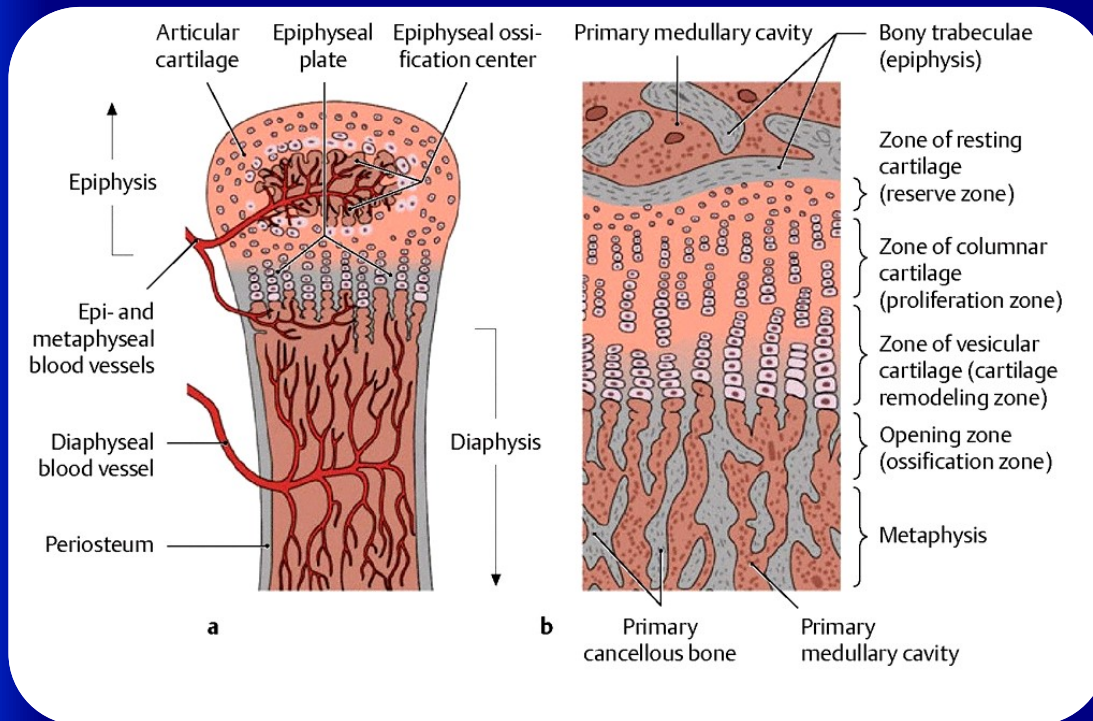
Bone apatite impure, contains high concentration of carbonate

+

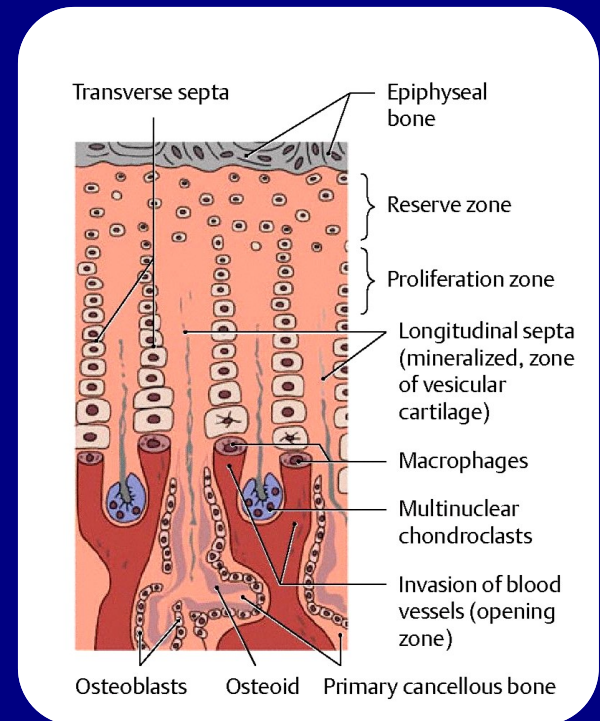
small amounts of  
Magnesium  
Sodium  
Potassium  
Fluoride  
Chloride



Development of a long bone



Structure of the epiphyseal plate



Schematic representation of cellular processes within the epiphyseal plate

## E Types of bone development (osteogenesis)

Mesenchymal  
fibrous tissue  
(= membranous  
osteogenesis, direct  
bone formation)

Hyaline cartilage  
(= endochondral  
osteogenesis,  
indirect bone  
formation)

*Membranous  
bone formation  
(appositional growth  
in thickness)*

*Endochondral bone  
formation  
(interstitial longi-  
tudinal growth)*

**“Immature” woven bone (fiber bone)**

Functional remodeling  
in response to greater stresses  
(e.g., increasing body weight)

**Lamellar (mature) bone**



## A Different types of bone-to-bone connections

### False joints

(= continuous bone connections in which the intervening tissue consists of fibrous connective tissue, cartilage, or bone):

- Low to moderate mobility

#### **Synarthroses**

- Syndesmoses (fibrous joints)
- Synchrondroses (cartilaginous joints)  
(If the intervening tissue is mostly fibrocartilage, the joint is called a symphysis, e.g., the pubic symphysis.)
- Synostoses (sites of bony fusion)  
(Because a synostosis is immobile, it is no longer classified as a synarthrosis in the strict sense.)

### True joints

(= discontinuous connections in which the bones are separated by a joint space):

- Mobility is variable, depending on the attached ligaments

#### **Diarthroses**

Classified according to various criteria: (see p. 38)

- Shape and arrangement of the articular surfaces
- Number of joint axes
- Number of degrees of freedom

#### **Amphiarthroses**

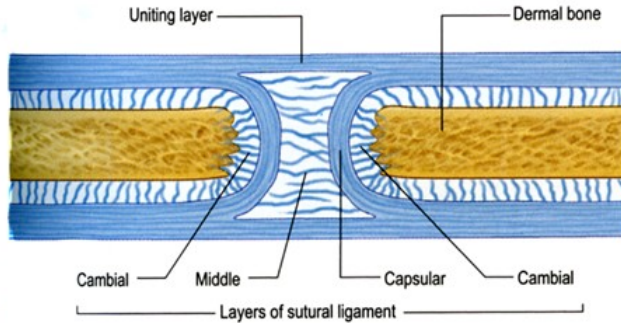
“Stiff joints” whose mobility is greatly limited by strong ligaments (e.g., the sacroiliac joint and proximal tibiofibular joint)

**Ankylosis** = abnormal bony fixation of a true joint

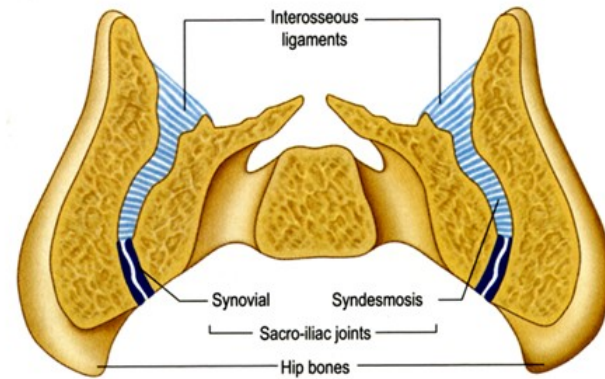
**Arthrodesis** = surgical fusion of a joint for therapeutic reasons

**Pseudarthrosis (nonunion)** = “false joint” due to abnormal fracture healing

Suture



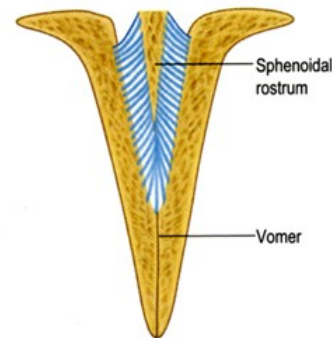
Syndesmoses



Gomphosis  
(dentoalveolar joint)

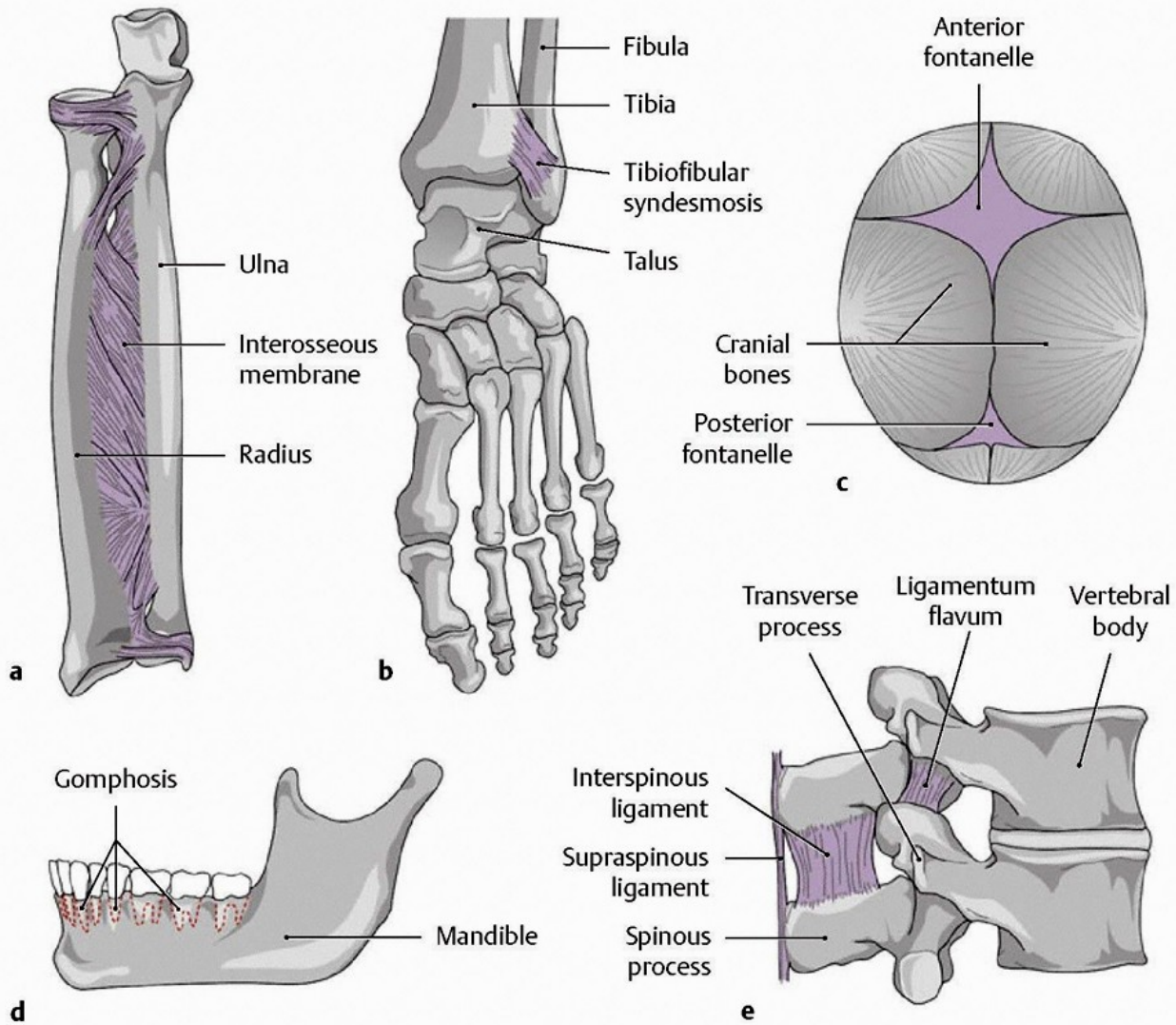


Schindylesis  
(ridge and groove)

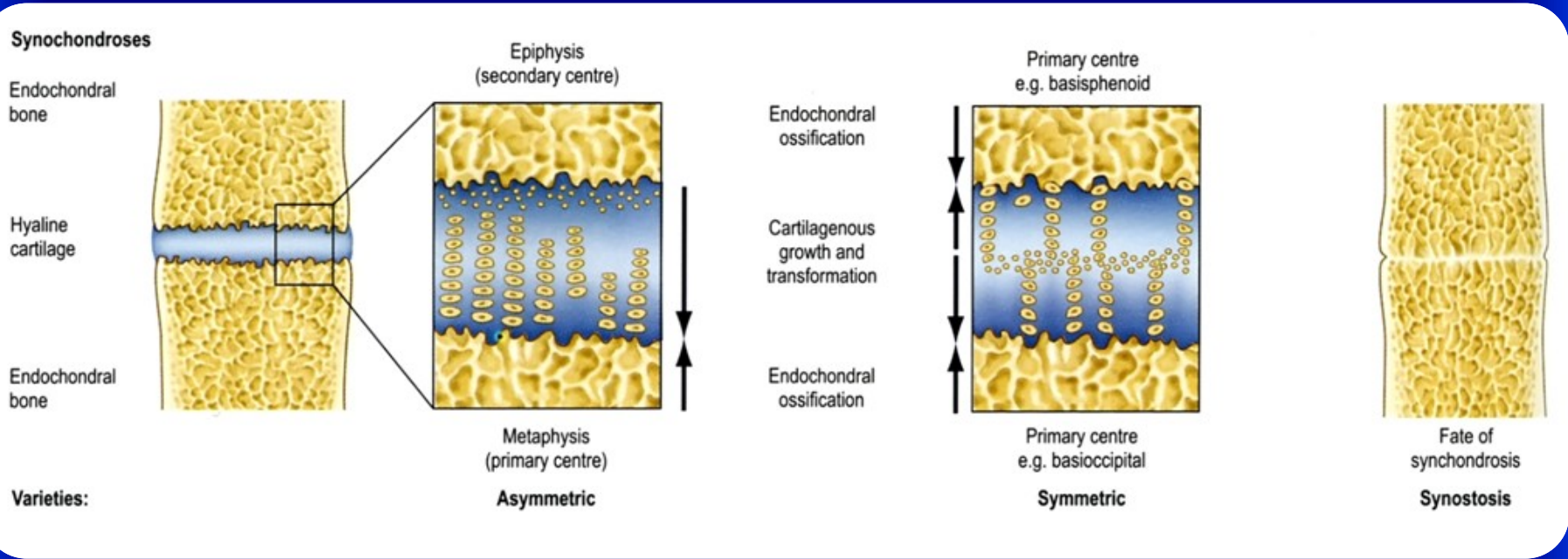


Examples of the principal varieties of fibrous joints, each shown in section.



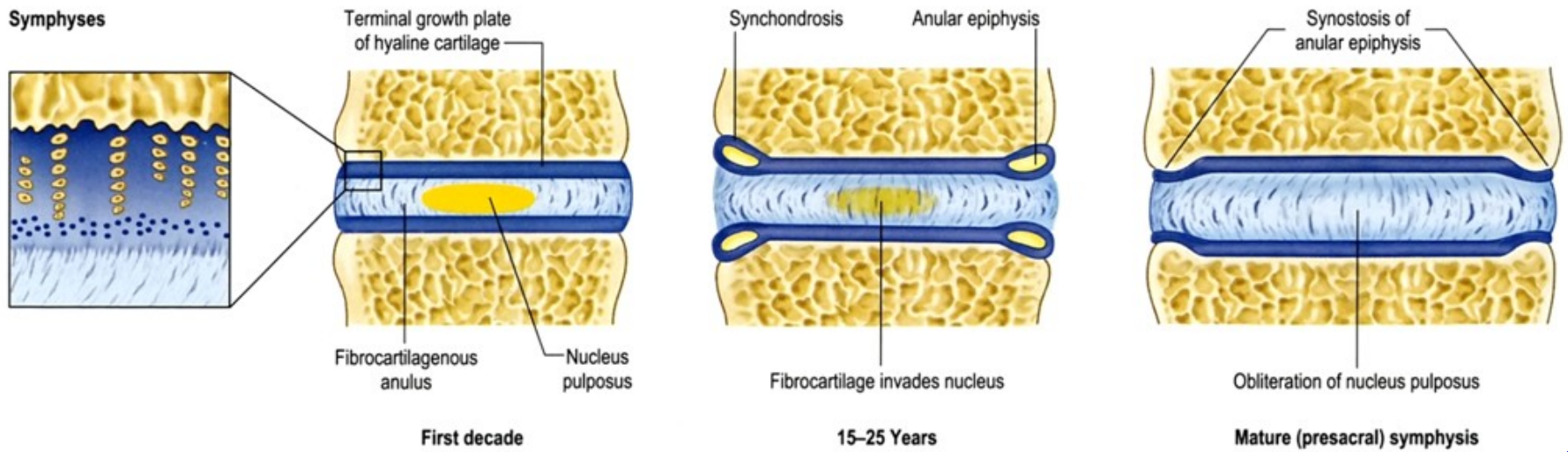


## Syndesmoses

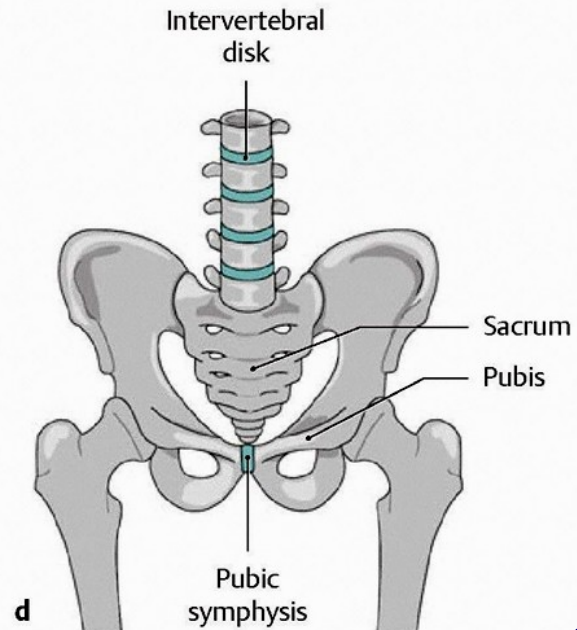
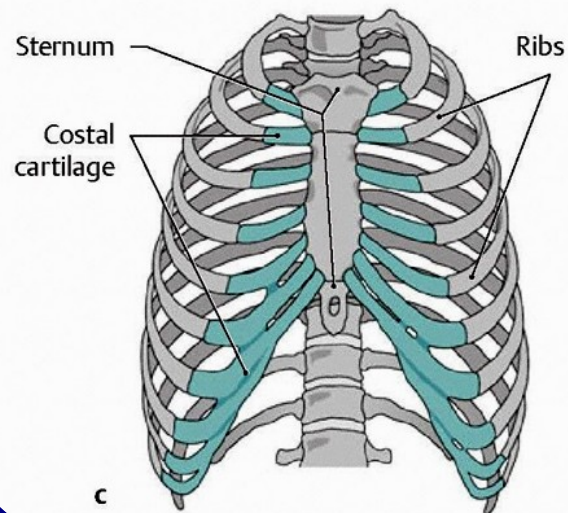
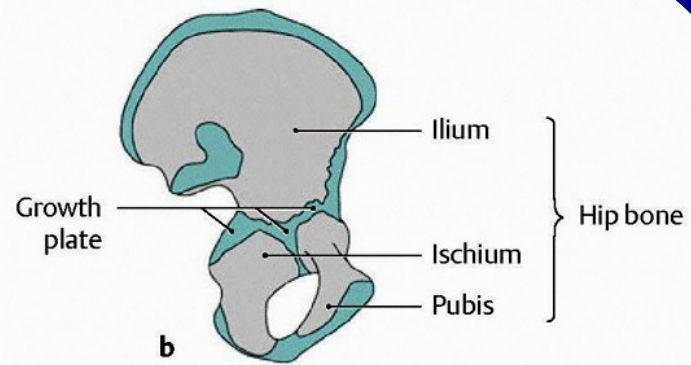
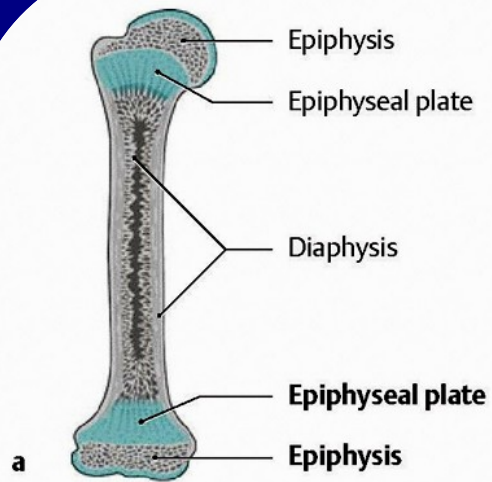


Sectional view of the principal tissues involved, more detailed architecture and main growth patterns of symmetrical and asymmetrical synchondroses. Lesser degrees of asymmetry occur in some locations. Synostosis is the normal fate of almost all synchondroses when endochondral growth has ceased.

## Symphyses

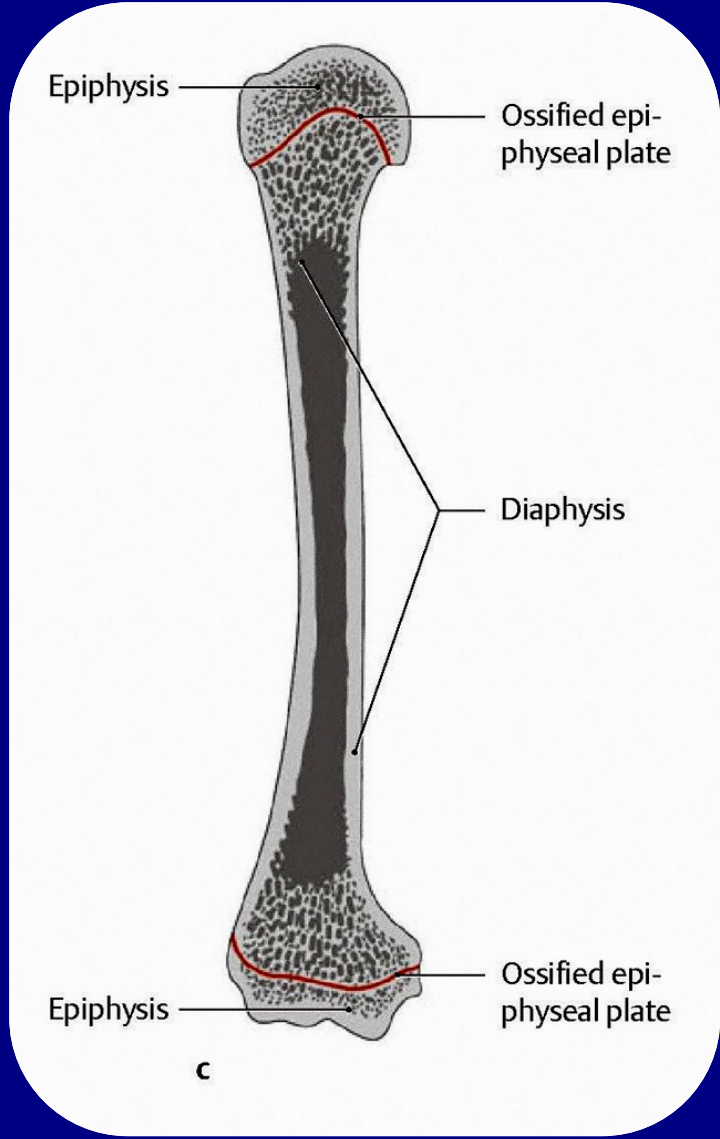
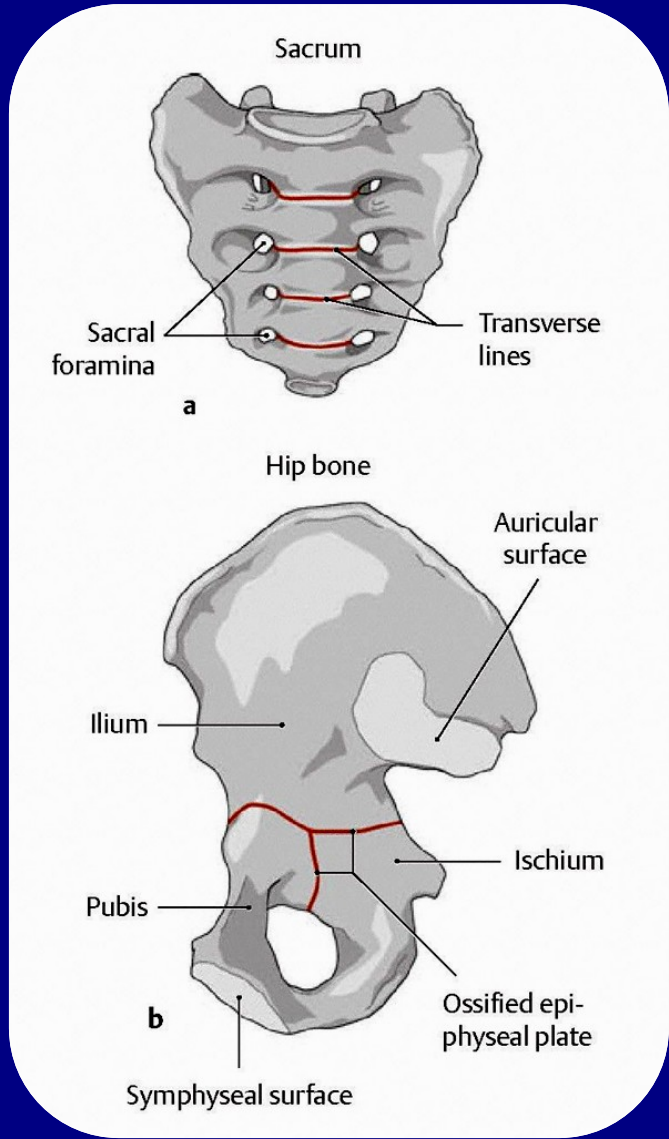


Intervertebral symphyses (presacral), shown in section, displaying age-related changes. Partial or complete synostosis is the normal fate of sacral and coccygeal symphyses.

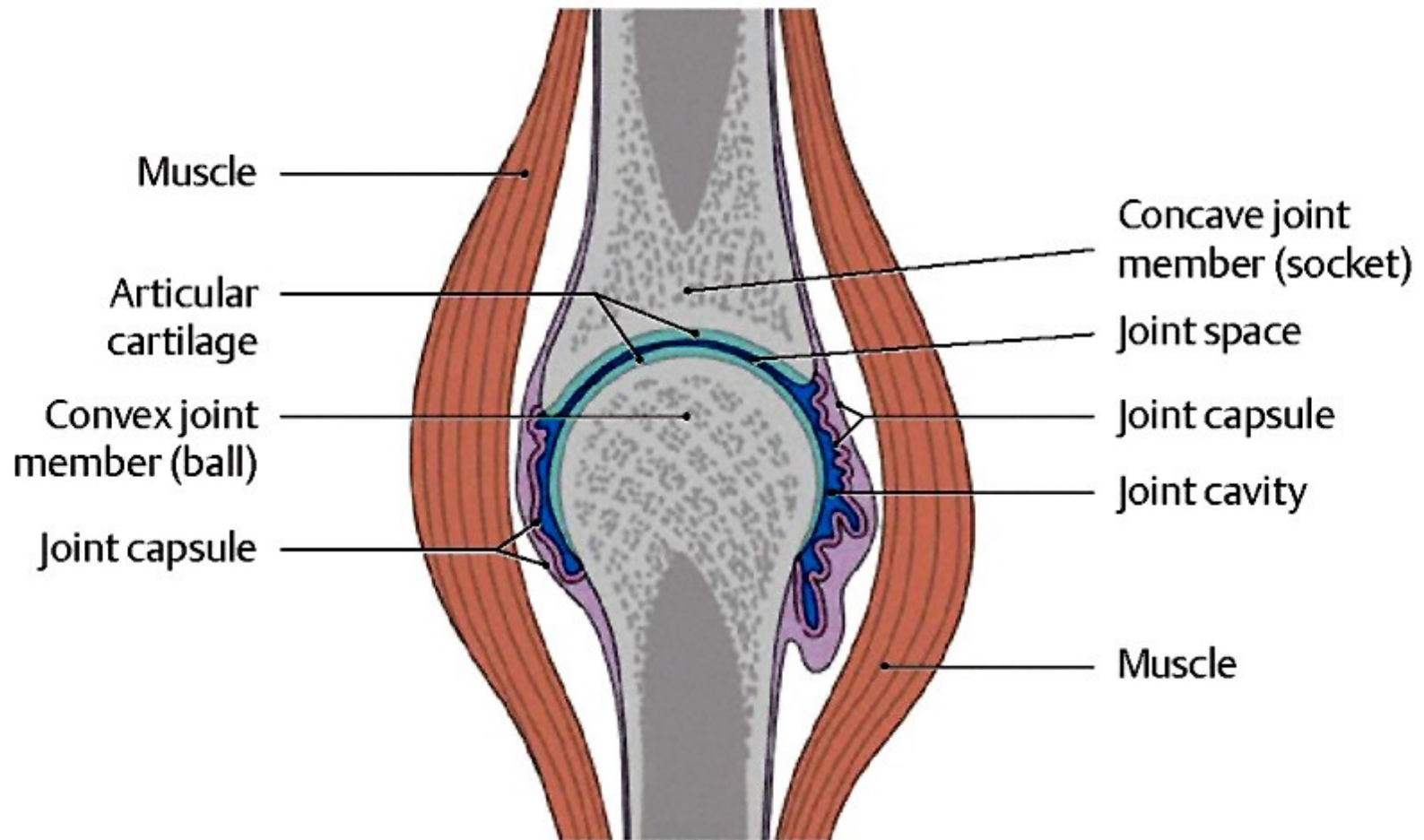


# Synchondroses

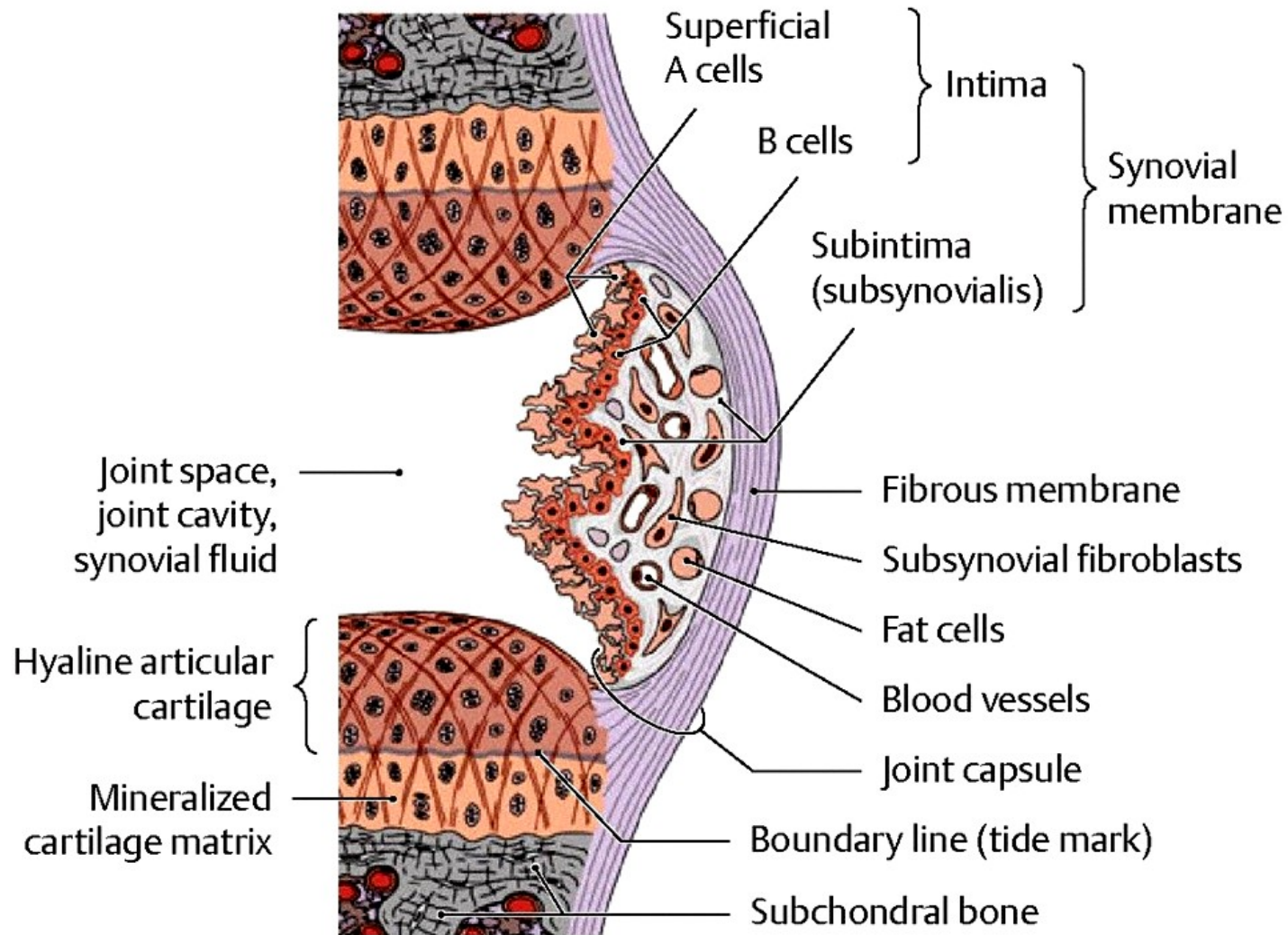




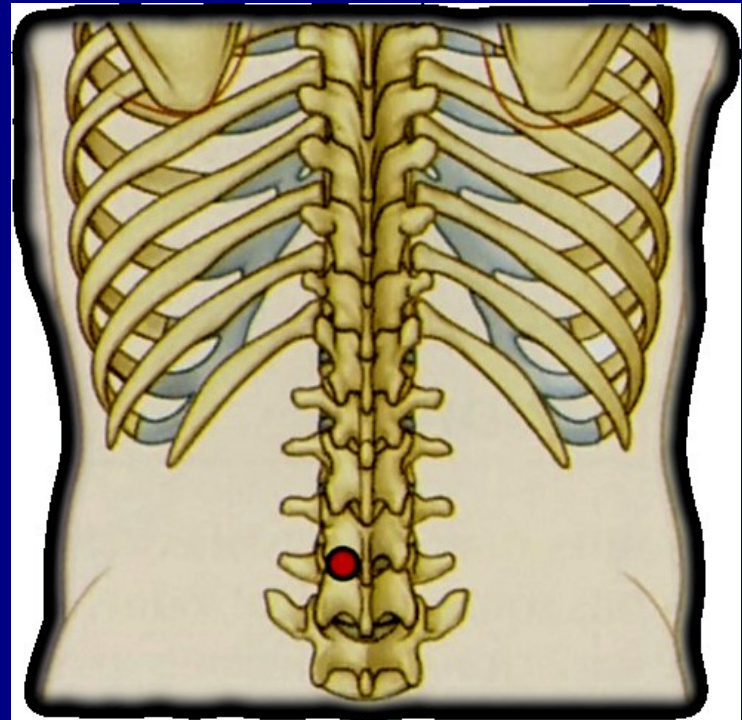
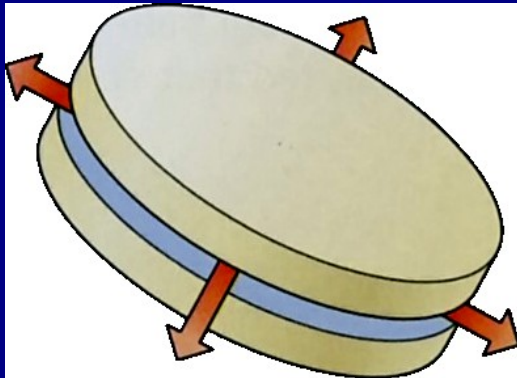
Synostoses



Structure of a true (synovial) joint

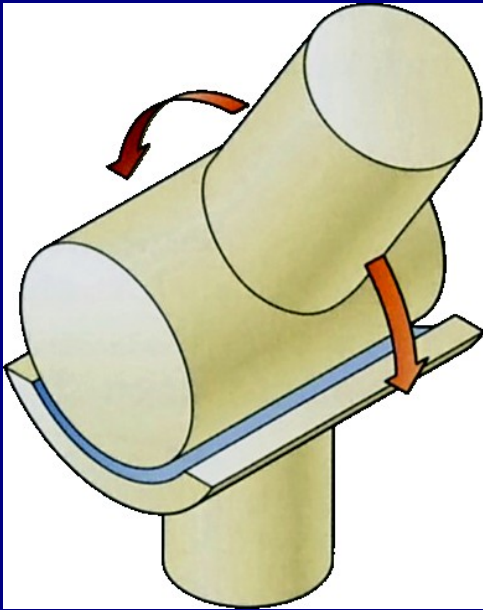


Structure of the joint capsule

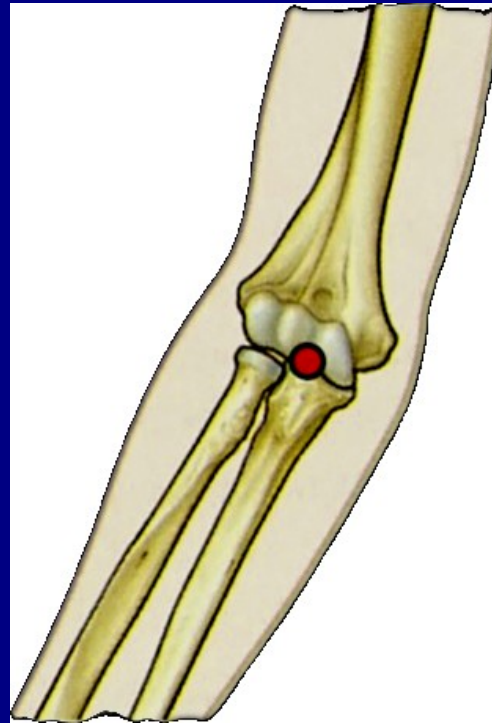


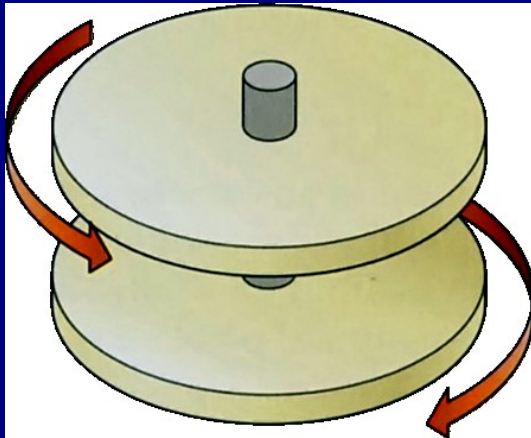
Plane joint



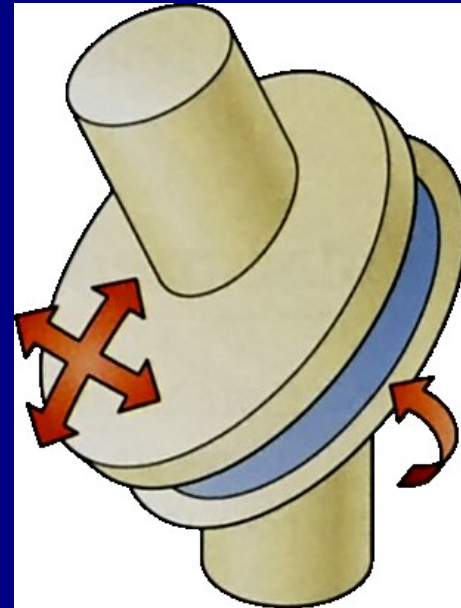
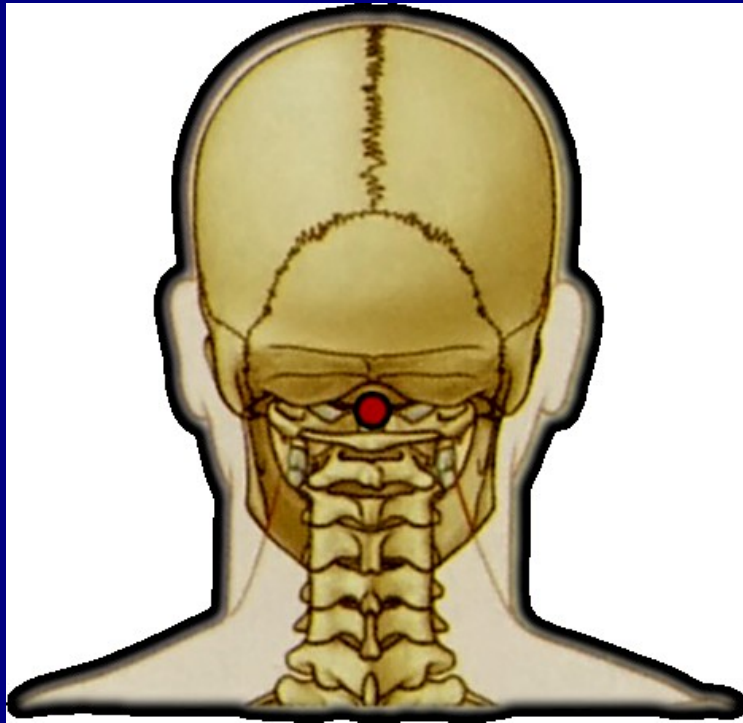


Hinge joint

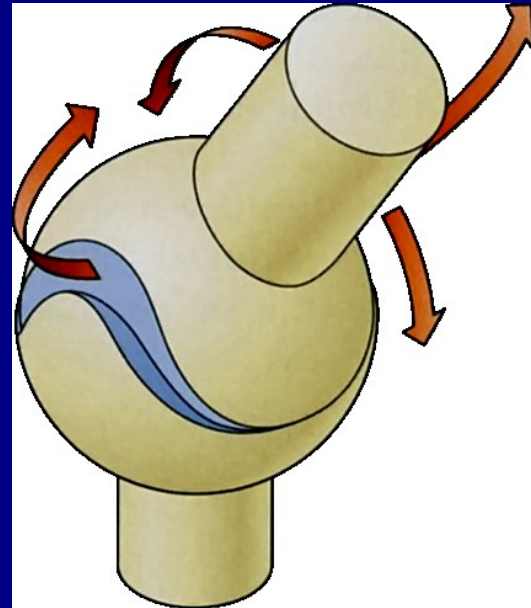




Pivot joint

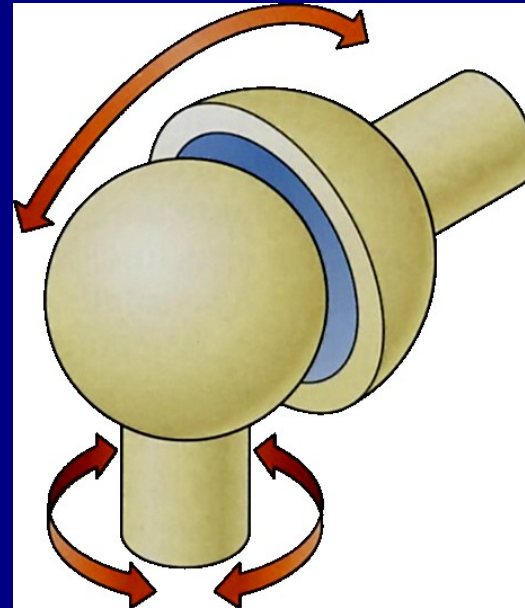
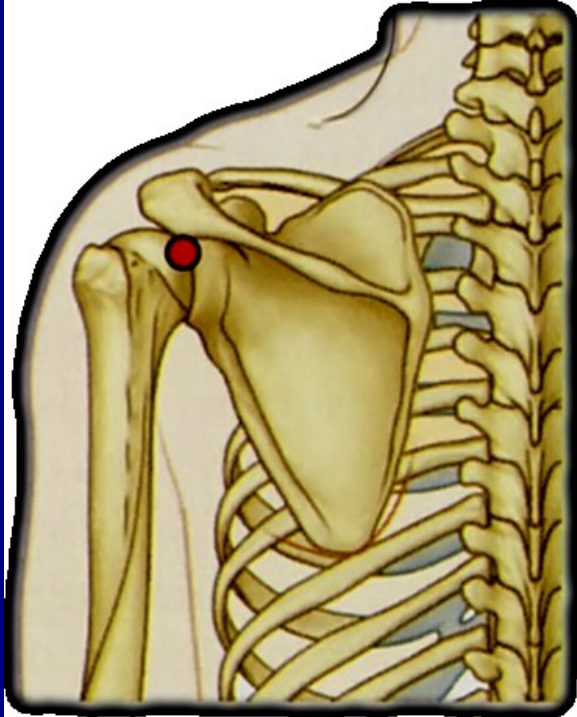


Ellipsoid joint



Saddle joint





Ball and socket joint

*Thank you very much*



Phot. J. Urbaniak